The Tampa General Hospital Foundation 19th Annual Night at the Circus took place at the St. Petersburg Times Forum on Thursday, January 7, 2010. This year’s Ringling Bros. and Barnum & Bailey Circus® was fantastic and funbelievable!

Circus sponsorships to this event include VIP tickets as well as a number of reserved tickets to the circus performance. Some ticket packages also include tickets to the Patrons’ Party which precedes the circus. Face painters, balloon twisters, a juggler and a DJ entertained both the adults and the children at this year’s Patrons’ Party. The circus cast even stopped by to dance and clown around with the children.

We extend special thanks to the Don and Erika Wallace Family Foundation, who once again served as our Big Top Sponsor, to SunTrust, our returning Three Ring Sponsor and to the Lightning Foundation who was again our Patrons’ Party Sponsor.

Andrea Gramling, our returning chair, continued a great tradition of strong leadership for the circus committee and helped raise awareness of the Tampa General Hospital Foundation throughout the community. With her guidance, the event raised over $193,000 in net proceeds for the Jennifer Leigh Muma Neonatal Intensive Care Unit, which is currently under construction.

With the financial support of our sponsors, the TGH Foundation was able to donate 2000 tickets to local charities so children normally unable to attend would have a chance to experience the thrills of the Ringling Bros. and Barnum & Bailey Circus® – The Greatest Show on Earth.®

Donnie, Don, Lexi and Erika Wallace, our Big Top Sponsors, enjoy the Patrons’ Party before heading to the circus.

Kenneth Feld (second from left) with representatives from SunTrust, our Three Ring Sponsor – Jeff Dunn, Fred Dobbins and Dan Mahurin.

Shelton Jr., Damaris, Gabriela, Shelton Sr. and Carlos Quarles pose with the Ring Master.

For more information about the TGH Foundation’s Special Events, please contact Special Events Manager, Lynn Fluharty at (813) 844-7273.
From the Chairman

It always catches me by surprise when I run into someone who lives in our community and does not know about the specialized services provided at Tampa General, or the national recognition that TGH has received. I am happy to say that it happens much less often now than it did when I first started volunteering with the TGH Foundation. In this second edition of Foundation Focus, you will read about just three of the special commendations that the hospital has recently received.

Everyone who has ever been a patient in a hospital knows from experience the critical role that nurses play in your hospital stay. Read the article about TGH’s recertification as a Magnet hospital for nursing and rest assured that as a patient you are being taken care of by some of the best nurses in the nation.

Unfortunately, almost every one of you has had someone close to you who has suffered a stroke. The good news is that a stroke does not always have to be fatal or debilitating. And even better news is that Tampa General has received Gold recognition from the American Heart Association and the American Stroke Association for implementing a higher standard of stroke care by ensuring that stroke patients receive treatment according to evidence-based guidelines.

We have all read about the increased incidence of diabetes. While this contributes to the national cost of health care, more importantly it impacts the health and quality of life for millions of people. Tampa General has a team of professionals whose mission is to educate people about how to control this disease. This team has received the prestigious Education Recognition Certificate from the American Diabetes Association (ADA) for TGH’s Diabetes Self-Management Education Program.

These are just three examples of reasons why Tampa General should be your hospital of choice.

On behalf of all of our patients, physicians, employees and volunteers, thank you for supporting Tampa General Hospital and the TGH Foundation. All best wishes for a wonderful holiday season ahead.

John Touchton
Chairman, Tampa General Hospital Foundation Board of Trustees

Planned Giving Corner: Charitable Bequests

Giving through your will can be a convenient way to leave a lasting legacy. After providing for your loved ones, you may decide to make a charitable gift of a specific amount, a percentage of your estate, or all or part of what remains after family and/or friends have been remembered.

A charitable bequest enables you to keep control of your assets during your lifetime and make a gift to the Tampa General Hospital Foundation at your death. You will be entitled to an estate tax deduction for the fair market value of the assets bequeathed to TGH. Such a gift can often be arranged with the simple additional of a codicil (amendment) to your existing will, or by including language such as this:

“I give and devise to the Tampa General Hospital Foundation, Inc. (TGH Foundation), located in Tampa, Florida, my entire residuary estate [or _____ percent of my residuary estate, or _____ dollars, or a specific item].”

To ensure compliance with your wishes, it is important to document your estate commitment with the foundation.

Tampa General Once Again Awarded Elite Magnet Status

The ANCC is the world’s largest and most prestigious nurse credentialing organization, and a subsidiary of the American Nurses Association (ANA). The Magnet Award recognizes hospitals that demonstrate excellence in nursing philosophy and practices, adherence to national standards for improving patient care, leadership, and sensitivity to cultural and ethnic diversity.

The ANCC website states, “Recognizing quality patient care, nursing excellence, and innovations in professional nursing practice, the Magnet Recognition Program provides consumers with the ultimate benchmark to measure the quality of care that they can expect to receive.”

In October, a team of ANCC registered nurses visited Tampa General for a Magnet site survey. Nearly six weeks later, Karen Drenkard, director of the ANCC Magnet Recognition Program, informed the hospital that the commission was unanimous in its findings based on its review of documentation and the site survey results.

“You received exemplary rankings in many areas including patient safety, interdisciplinary teamwork…collaboration and professional development.” stated Drenkard. “It’s not easy to keep up the high level of standards you have, so everyone…deserves a lot of credit.”

TGH earned its first Magnet Award in 2005, which is good for four years. It places the hospital among the world’s elite when it comes to quality nursing care — of the nation’s more than 5,800 hospitals, only 346 (less than six percent) have Magnet designation.

“You received exemplary rankings in many areas including patient safety, interdisciplinary teamwork…collaboration and professional development.”
Take Action Now Against Diabetes

Diabetes Is Big: About 24 million Americans have diabetes – 1 million live in Florida. What’s even more alarming is that another 57 million Americans have pre-diabetes, a condition characterized by high blood glucose that is approaching diabetic levels.

Diabetes Is Costly: Approximately $200 billion is spent on diabetes care each year, according to the National Institutes of Health. And that cost is increasing by $8 billion each year. Approximately one out of every five healthcare dollars is spent caring for someone diagnosed with diabetes.

Diabetes Is Serious: Consider these chilling facts:
- Diabetes is the leading cause of new cases of blindness in adults, the leading cause of kidney failure, and the leading cause of lower extremity amputations.
- Heart attacks and strokes are two-to six-times higher among people with diabetes.
- Nerve damage, including peripheral neuropathy and sexual dysfunction, occur in over 60 percent of people with diabetes.
- Diabetes is responsible for many dental and foot problems and can cause difficulty during pregnancy.
- Diabetes is the fifth leading cause of death by disease: 65 percent of diabetics will die of a heart attack or stroke.

Diabetes Is Controllable: People with diabetes must take responsibility for their own care and take action. Diabetes is a self-managed disease; much of the daily care is carried out by the person with diabetes. People with diabetes need to eat properly, exercise daily, take their diabetes medications faithfully, monitor their blood sugar daily, and see a healthcare professional who is knowledgeable about diabetes on a regular basis.

Individuals with diabetes must take action as part of a team. They need to see a certified diabetes educator who can teach them to self-manage their disease and assist them with lifestyle changes and a registered dietitian to help them with meal planning.

They also need to visit their healthcare provider every three months for evaluation and A1C and microalbumin tests. They need to see an ophthalmologist for a dilated eye exam yearly and a podiatrist regularly for foot care.

Take Action: Diabetes organizations such as the American Diabetes Association (885-5007), the Juvenile Diabetes Foundation (821-3588), and the American Association of Diabetes Educators (800-832-6874) have a multitude of educational materials and worthwhile programs that achieve Recognition status, said Bruce Inverso, of the American Heart Association.

These requirements, said Bruce Inverso, of the American Heart Association.

“Your hospital’s quality improvement efforts are saving lives and helping the people you serve continue leading quality, productive lives,” he stated in a letter informing the hospital about the award.

Diabetes affects many more people than AIDS/HIV, yet it gets much less media coverage and research dollars. By spreading the word, participating in research, and making donations to your diabetes organizations, you can help find the cure.

Diabetes Program Earns ADA Education Recognition

Tampa General Hospital has earned a prestigious Education Recognition Certificate from the American Diabetes Association (ADA) for its Diabetes Self-Management Education Program. The Recognition was awarded on Nov. 28 and will be in effect for four years.

Education Recognition is presented to diabetes education programs that meet the ADA’s exacting national standards. The ADA maintains that high-quality education programs are an essential component of effective diabetes treatment.

Programs that achieve Recognition status have a staff of knowledgeable health professionals who can provide participants with comprehensive information about diabetes management.

TGH Earns Another Gold Performance Achievement Award

The American Heart Association/American Stroke Association has awarded Tampa General its Get With The Guidelines (GWTG) Stroke Gold Award. The award recognizes TGH’s commitment to, and success in, implementing a higher standard of stroke care by ensuring that stroke patients receive treatment according to evidence-based guidelines.

This is the third consecutive year TGH has received this award.

To receive the Stroke Gold award, Tampa General consistently complied for 24 months with GWTG-Stroke program requirements. This involves rapid evaluation by the stroke team, immediate brain imaging, and aggressive use of clot-busting medications when appropriate. It also involves the aggressive use of DVT prophylaxis, cholesterol-reducing drugs, and smoking cessation.

Tampa General is providing a valuable community service by meeting these requirements, said Bruce Inverso, of the American Heart Association.

“Your hospital’s quality improvement efforts are saving lives and helping the people you serve continue leading quality, productive lives,” he stated in a letter informing the hospital about the award.

Save the Date

Foundation Annual Dinner
Thursday, October 7, 2010 • Palma Ceia Golf and Country Club

Annual Golf Tournament
Monday, October 25, 2010 • Old Memorial Golf Club
From the CEO - 2010 Initiatives

Every new year holds promise and uncertainty, and 2010 continues that trend. We remain sharply focused on our business objectives and maintaining and improving the quality of patient care. We’re also keeping a wary eye on Tallahassee and Washington to determine how we may be affected by the state’s budget crisis and the continuing debate on health care reform.

The expansion and renovation of our Neonatal Intensive Care Unit remains on track for completion by the summer of next year. The $35 million unit is being funded in part by the lead gift from Pam and Les Muma, and from the efforts of many of you who have participated in the Foundation’s Tiny Babies. Big Priority capital campaign.

Named in memory of the Muma’s infant daughter, the Jennifer Leigh Muma Neonatal Intensive Care Unit will increase our capacity from 42 to 82 beds in private room settings – with soft, indirect lighting for these tiny premature infants. This atmosphere of healing will also contain some of the latest technological advancements in treating these babies. We expect it to be a model for other hospitals.

The second major initiative for 2010 is one that will revolutionize how we deliver care to our patients. We are beginning a five-year journey to transition to electronic medical records. Numerous studies have demonstrated that hospitals using electronic medical records improve patient safety and quality. This new system will provide instant communication for physicians, clinical staff and medical records and will enhance accuracy, efficiency, safety and satisfaction among patients, physicians and staff.

In October, our governing board, the Florida Health Sciences Center, approved the selection of Epic Corp of Madison, WI to become our vendor. Epic was the choice of an internal hospital committee that was created in February 2008 to evaluate companies that developed electronic medical record systems for hospitals. That committee represented all the departments within the hospital and included physician representation.

The first phase of this effort will take from 18 to 24 months to complete.

As we embark on this monumental project, we have not lost sight of the needs of our patients. In October, we learned that TGH has been recertified as a Magnet Hospital. This is the highest recognition of quality nursing care in the profession and less than six percent of the hospitals in the country are able to earn this distinction. Industry surveyors spent a week at TGH reviewing patient records, evaluating our clinical processes, and conducting interviews prior to awarding Magnet status.

I’m excited about the opportunities that lie ahead as we move through 2010. I think we have the best staff of any hospital in the country. And, I believe, we have a foundation that is second to none. Thank you for all that you do to help us every day.

Sincerely,

Ronald A. Hytoff

President & CEO, Tampa General Hospital

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Fifty Years and Counting

Del Clarke has been a volunteer at Tampa General for over 50 years.

Del Clarke has worked at Tampa General for over 50 years and hasn’t earned a penny. Instead, she’s lovingly donated thousands of hours over the decades to the hospital she calls her “true love.”

“I love this hospital. I was born at Tampa General Hospital, and it’s always been number one to me,” she says.

Del and her husband, Richard Clarke, Sr., have been longtime supporters of the Tampa General Hospital Foundation. Del served as a trustee from 1981-1987, was elected to two terms as secretary and two as treasurer. Dick succeeded her and served as a trustee from 1988 through 1994, and was elected as treasurer and president of the Foundation.

The Clarkeys have not only supported the Foundation with their volunteer service, but also as donors. They were one of the very first people to join the Gordon Keller Society and continue to make their annual donation to the Foundation.

Now 81 years old, Del has worked steadily at the West Pavilion information desk since 1959. She began with a three-hour morning shift on Wednesdays and about 30 years ago added Monday afternoons to her schedule. There, she routes calls to patients, gives directions to visitors, and sometimes has to deal with difficult issues.

“Some questions are harder to answer. People may be calling with a medical question or a question about the hospital that we can’t answer. We try to direct their calls to someone who can help them, such as a patient representative, security, or pastoral care,” she says.

The best part about working there, Del says, is “you see that you’re helping people who sometimes are under stress and strain and need to know there’s someone who can help them. It boils down to trying to represent our hospital as it should be represented.”

Del’s service to TGH began when she was a teenager in the waning years of World War II. She volunteered in pediatrics, serving the young patients snacks and drinks and keeping them company. At 17, she became a nurse’s aide and spent a year working “all over the hospital” before going off to college.

(continues on page 6)
On March 10th, members of the TGH Women’s Leadership Council gathered at Maestro’s Restaurant at the David A. Straz, Jr. Center for the Performing Arts. Emily Lazarou, MD presented “How Stress & Nutrition Impact Your Health.”

E.E. Lazarou, MD, MS, RD, CIME, is a board-certified psychiatrist and works with patients of all ages, from teens to the elderly. She is also forensically trained and teaches the courts on how psychiatry impacts the legal system. Dr. Lazarou is a registered dietitian and uses this knowledge in her treatment of psychiatric patients to provide a more holistic approach to treatment. Dr. Lazarou went to medical school in San Antonio, Texas and did her residency training at the University of South Florida. She was the chief resident of psychiatry and won an award for being the outstanding resident in her graduating year. Dr. Lazarou completed her forensic fellowship training at the University of South Florida and was the first fellow to graduate from the program.

Dr. Lazarou has a private practice in the Rocky Point area of Tampa. She was recognized as Psychiatrist of the Year by the Florida Borderline Personality Disorder Association for her compassionate treatment of patients with personality disorders.

The Women’s Leadership Council provides a unique opportunity for women to become involved and learn more about TGH, as well as network with each other. Members contribute $1,000 annually and the collective funds are allocated to programs or projects selected by the membership. By pooling their funds together, the women as a group can create a greater impact with their contribution than each would make individually.

The Council meets three times a year. The first two meetings include programs based on the results of a membership interest survey and the third meeting is for presentation and selection of funding requests. A list of requests with a brief description and a ballot is mailed to all members unable to attend the presentation so that they also have a voice in the allocation of the funds.

The 2010 Women’s Leadership Council programs are underwritten by Florida Bank so that every dollar contributed goes to funding projects.

For membership information, call the Foundation at (813) 844-7250.

Women’s Leadership Council Spring Program

2009 Women’s Leadership Council Membership

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*Founder
Injured Haitians Find Help At TGH

Hundreds of miles away from Haiti, Tampa General Hospital quietly played a role in its people’s recovery from the destructive earthquake of Jan. 12.

For over a month, Tampa General received dozens of patients airlifted from Haiti, where the healthcare system was overwhelmed by injured people.

The patients came here with severe orthopedic injuries, burns, nasty wound infections and fractured spines. Many arrived wearing the clothes they had on when the earthquake hit. They didn’t speak our language, but the pain and fear was obvious in their voices and on their faces.

Nearly every TGH department was involved in one way or another: from those who provide the medical care, to social workers, pastoral care staff, transporters, dietary, housekeeping, and the numerous people who donated clothing, food, money and time to help these patients and their families.

Feeling Safe

We received our first Haitian patients on Jan. 27 when 22 injured people, each with one family member, arrived at Tampa International Airport. Of those, nearly a dozen were sent to TGH. The rest were distributed among St. Joseph’s, All Children’s and Shands hospitals.

Clinical Pastoral Education Supervisor, Rev. Celillon Alteme, was in the Emergency Department as they arrived a few at a time by ambulance throughout the night. Born in Haiti, Celillon was able to communicate with them in their language.

“They spoke only French or Creole. Many were scared, and some kids were screaming,” he said. “I let them know they were safe. I told them who I was and that I would stay there with them. One child, a 13-year-old boy, had spent two days in the rubble before they removed him. He was so afraid he would die. I held his hand and told him he was safe, and he calmed down,” Celillon said.

The patients came in through the Emergency Department, where their conditions were assessed, said Amy Paratore, vice president of emergency and trauma services.

“We didn’t know the full picture of their medical problems when they arrived here, so they came in through the ER,” she said.

“We saw people with significant problems. Many of them had been lying unattended for a while after the earthquake, so their wounds got massively infected and they were sent on to us in the U.S. to treat the infections.”

“There are some who come in with other conditions,” she said. “We had one woman who was about six months pregnant who had a bad orthopedic fracture that was infected and pregnancy-related issues such as low hemoglobin. She needed a transfusion.”

Tampa General’s assistance did not go unnoticed by the Haitian community in the U.S. On Feb. 19, Raymond Alcide Joseph, the Haitian ambassador to the U.S., came to TGH to visit some pediatric patients from his country.

“It was nice to have him come,” said Pastoral Care Services Director Rev. Bill Baugh. “He made a real good connection with each child. They had smiles on their faces after he was gone,” he said.

(continued from page 4)
For 20 years, Guadalupe “Louie” Olivarez, 43, lived the careful life of an invalid, as his type I diabetes and high blood pressure assaulted his kidneys and restricted his activities. Eventually, he could look forward to kidney failure and dialysis. Then he developed a tumor on his liver, making his prognosis even grimmer.

That all changed on Nov. 23, when physicians at Tampa General performed the region’s first triple transplant, replacing his pancreas, liver and a kidney with healthy organs.

Now Mr. Olivarez looks forward to a normal, healthy life.

This was only the 10th liver/pancreas/kidney transplantation in the nation, according to UNOS (United Network for Organ Sharing).

“For us, this was a huge accomplishment, the result of a lot of hard work that we have put in over the last 10 years,” said Dr. John Leone, one of the operation’s lead surgeons.

Mr. Olivarez’ bleak prognosis began to change on Nov. 19, when physicians at LifeLink of Florida put him on the transplant list. A donor was located only four days later, a rare stroke of luck, according to Dr. Leone.

“Usually, you have to wait a long time and travel a great distance for the perfect donor,” he said.

The transplant itself required a complex series of steps, with Drs. Angel Alsina and William Kendall traveling to the donor’s location to procure the organs, and Drs. Alsina and Edson Franco preparing the organs for transplant.

The transplantation itself took place over two days. The first surgery, to transplant the liver and pancreas, was performed by Drs. Alsina, Leone and Mohammed Ikram over seven hours, followed by the patient’s overnight stay in the ICU for stabilization. The next day, Dr. Franco performed the three-hour kidney transplant. Anesthesiologist Dr. Zsolt Balazs worked on both surgical teams.

Now healthy, Mr. Olivarez discussed his gratitude to the transplant team and the donor family during a news conference held at the hospital.

“I have no more diabetes, no more shots, no more sugar highs and lows,” he said. “Every day, I feel my life getting back to normal… I’m very grateful to be able to begin a whole new chapter of my life now,” he said.

Louie Olivarez underwent a successful triple transplant at TGH on Nov. 23. He expressed his gratitude to the surgeons and donor family during a news conference.
The Tampa General Hospital Foundation is now on Facebook! Learn more about TGH, the Foundation’s events, support the Foundation as a cause and more by becoming a fan! The March White Coat Intern Experience is now on Facebook, and you don’t want to miss it. Interviews with interns and physicians, photos, an online discussion forum and more bring the White Coat Intern Experience to Facebook.

Foundation Focus is the quarterly newsletter published by the Tampa General Hospital Foundation, One Tampa General Circle, Room H-149, Tampa, FL 33606. Additional copies may be obtained by calling (813) 844-7250. The Foundation’s mission is to support and promote the programs and services of Tampa General Hospital. Tampa General Hospital’s mission is to provide the residents of West Central Florida with excellent and compassionate health care, ranging from the simplest to the most complex medical services. As a teaching facility, Tampa General partners with academic and community institutions to support both their teaching and research missions. As the region’s leading safety net hospital, we reaffirm our commitment to providing high quality health services to all residents.

2009-2010
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