

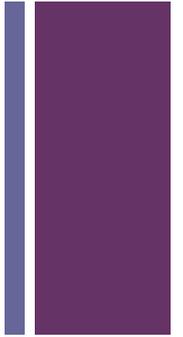


M E D I C A L C E N T E R

Child Life
Pre-op Teaching Book

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On the day of your surgery, your parents will bring you to the hospital. You are allowed to bring along a favorite fun thing from home, for after the surgery. Before the surgery, you may have to wait in a waiting room.



- + Once you are checked in with the admissions desk, someone will bring you and your parent/guardian back to the pre-op area. The pre-op area is where patients wait before surgery.



- + You will be given special hospital pajamas and a hat for your hair. You will be able to change in the pre-op area.



- + Doctors, nurses and other hospital staff may be wearing scrubs, masks and hair nets to protect you from germs.



- + If a Child Life Specialist is available, she will be able to be in the pre-op area with you.



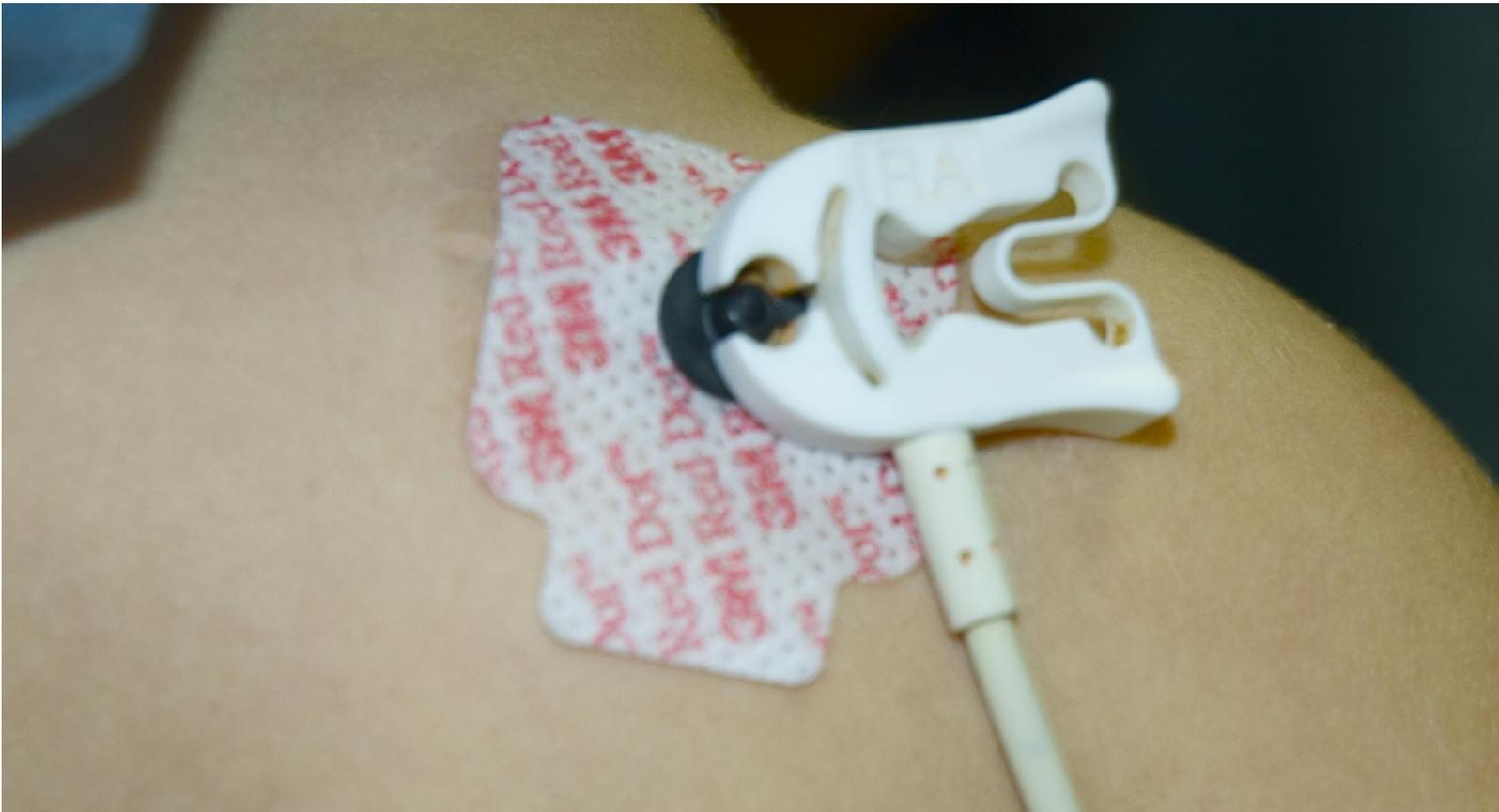
- + You may be asked to tell the nurse your name and birthday, a few times. Your name and birthday will be on your wrist band, which the nurse may scan with a red light.



- + While you are in the pre-op area, a nurse will take your blood pressure, and other vital signs. The nurse will put a cuff on your arm and, when it is turned on, you may feel some pressure from the cuff.



- + Cardiac monitors are stickers that the nurse or staff place on your chest and back to watch your heartbeat. The clip on top of the sticker helps the monitors send information to the computers.



- + A nurse will put a sticker on your finger or toe, which will have a red light on it. The sticker and machine are called a pulse oximeter, which measures how much oxygen is in your blood stream.



- + The anesthesiologist may give you some medicine, which will help you to feel more relaxed.



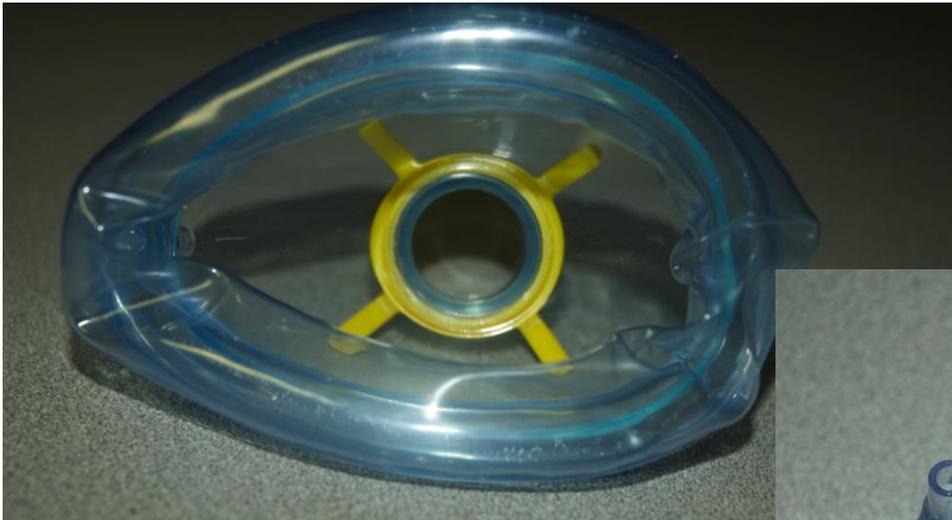
- + When it is time to go to surgery, you will be put on a bed with wheels, which will take you back to the operating room.



- + Once you are in the operating room, the doctors and nurses may ask you to move to a table in the middle of the room.



- + Medicine will be put through an IV or a mask that allows you to breath in the medicine. If the medicine is through a mask, you may be able to smell it.





The operating room is what you will see before you take a nap. What do you like to dream of when you go to sleep?



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If you have any
questions, please ask!

