Pediatric Inpatient Rehabilitation Program
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Dear Patients and Families,

Welcome to the Pediatric Rehabilitation Program at Tampa General Hospital. We are excited about working with you and your family.

Our patients and their functional progress are our highest priority. We focus on our patients' strengths and strive to maximize their independence as well as provide opportunities for socialization through recreational activities.

Our staff is here to help you. We will keep you updated on your child's progress, and will be available when questions arise. Please feel free to approach any team member with questions or concerns. We believe a close partnership between staff members, our patients and their caregivers is an important part of the recovery process.

This orientation manual contains valuable information about the Inpatient Rehabilitation Program, including information about what to expect during your stay, a description of each team member's role, contact numbers, parking information, cafeteria hours and much more. Please take a few moments to review this manual.

We are glad you have chosen the Inpatient Pediatric Rehabilitation Program at Tampa General Hospital, and we look forward to working with you.

Sincerely,
The Pediatric Rehabilitation Team
Rehabilitation Mission Statement

Tampa General Pediatric Rehabilitation Services is dedicated to serving individuals with functional limitations and their caregivers by promoting optimal independence and quality of life through an interdisciplinary team approach across a continuum of care.

Rehabilitation Services

The Pediatric Inpatient Rehabilitation Center is located on the 5th floor (Pediatric Floor 5E and 5F in East Pavilion) in the main hospital. Tampa General Hospital (TGH) is the region’s only Level 1 Trauma Center providing a continuum of care from the acute hospitalization to inpatient rehabilitation and outpatient therapies.

We provide a comprehensive, team-oriented approach to rehabilitation following an illness, injury or surgery. Services are provided for various diagnoses including but are not limited to:

- Amputations
- Brain Tumors
- Burns
- Encephalopathy
- Musculoskeletal Injuries
- Neuromuscular Disease
- Orthopedic Joint Replacements
- Rhizotomy
- Spinal Cord Injury
- Spinal Surgery
- Strokes
- Transplants
- Traumatic Brain Injury

The Rehabilitation Program is accredited by the Commission for Accreditation of Rehabilitation Facilities (CARF) and designated by the Florida Department of Health Brain and Spinal Cord Injury Program as a provider of rehab services for patients with Brain Injury and Spinal Cord Injury. The program’s treatment team is staffed by rehabilitation professionals: a physiatrist (rehabilitation doctor), Nurse Practitioner, physical therapists, occupational therapists, speech-language pathologists, social workers, case managers, nurses, psychologists, dieticians, orthotists, and certified Child Life Specialists, who are experienced in Pediatric rehabilitation and understand the unique needs of this population.

The purpose of rehabilitation is to improve function through therapy, exercise, purposeful activities and education which is accomplished through a team approach. The team’s primary goals are to:

- Help our patients reach his/her personal goals for independence.
- Return our patients to a functional lifestyle.
- Provide family/caregiver education.
- Evaluate and recommend appropriate DME (Durable Medical Equipment).
- Evaluate and recommend appropriate follow up services after discharge from the inpatient rehabilitation program.
Members of the Rehabilitation Treatment Team

**PHYSIATRIST:** A medical doctor who has specialized training in a unique area of medicine known as Physical Medicine and Rehabilitation (PM&R). The physiatrist works closely with the entire rehabilitation team and will be directing your child’s rehabilitation care.

**PEDIATRIC INTENSIVIST/SPECIALIST:** Works closely with the Physiatrist and rehabilitation team to manage any medical needs or illnesses that arise.

**NURSE PRACTITIONER (ARNP):** A registered nurse with advanced graduate education to function as a mid-level provider of medical care. The ARNP works closely with the physiatrist and the rehabilitation team to meet your child’s rehabilitation needs. This includes monitoring progress, ordering necessary therapies and managing any illness that may arise.

**REHABILITATION NURSE:** A nurse who has specialized training in the care of children undergoing rehabilitation. The role of the nurse is to continually assess your child’s medical stability and ensure needs such as medicines, dressing changes, diets, tube feedings and skin care are met. The nurse will also teach you about any special care your child may need after discharge.

**PATIENT CARE TECHNICIAN (PCT):** A licensed team member who provides a variety of indirect and direct care, including providing assist with needs such as nutrition, hygiene, safety and physical and psychological comfort measures to your child.

**PHYSICAL THERAPISTS (PT):** A physical therapist who has specialized training will work with your child to improve walking, balance, muscle tone, endurance, strength and coordination. Other skills may include teaching proper transfer techniques for getting in and out of bed, a chair or a car.

**OCCUPATIONAL THERAPIST (OT):** An occupational therapist who has specialized training will assess your child in improving activities of daily living (ADLs) such as bathing, dressing, eating, toileting, toilet transfers, shower transfers, and grooming and recommend adaptive equipment that may increase your child’s level of independence. Occupational Therapists also assist patients that may have visual, perceptual or cognitive (thinking) problems.

**SPEECH-LANGUAGE PATHOLOGIST (SLP):** A speech-language pathologist has special training to assist with communication, cognitive retraining and swallowing. They may also work with your child on using compensatory strategies and assistive technology for memory, attention, problem-solving and reasoning difficulties. If your child is having swallowing problems, the SLP will evaluate the difficulty and provide recommendations for the safest and most appropriate type of food and beverages.
Members of the Rehabilitation Treatment Team

**REHABILITATION THERAPY TECHNICIAN (RTT):** RTT assists the therapists with patient care and transports patients to and from therapy.

**PSYCHOLOGIST:** A psychologist is available to your child and you to adjust and cope with the changes brought about by injury or illness. The psychologist works directly with your child and you to provide individual and/or family counseling to address psychological and adjustment issues. In addition, some individuals may need neuropsychological testing to better identify levels of cognitive, behavioral and emotional functioning. This information is helpful when re-integrating you back into the community after discharge from the rehabilitation program.

**CARE COORDINATOR (CASE MANAGER):** The care coordinator serves as the liaison between the hospital and your insurance. They assist with funding and payment issues throughout the stay. In addition, the coordinator assists the social worker with discharge planning, ordering equipment and outpatient/home healthcare services.

**SOCIAL WORKER:** A social worker works with the rehabilitation team to develop the most appropriate discharge plan. Discharge planning includes arranging outpatient therapies, ordering medical equipment and arranging any assistance you may need at home as recommended by the therapy team. The social worker may also link families to appropriate community resources.

**DIETITIAN:** A dietitian works with the rehabilitation team to ensure nutritional needs are being met. The nutritionist assists with assessing and managing any dietary needs and, if indicated, provides education for those with special dietary needs.

**ORTHOTIST:** The orthotist works with the rehabilitation team to fabricate any custom braces or splints that may be required.

**CERTIFIED CHILD LIFE SPECIALIST:** A Child Life Specialist is a professional who is specially trained to help patients and families manage stressful healthcare experiences and other life events. They help reduce the stress and anxiety that many children experience in the hospital and healthcare setting.

**INTEGRATIVE MEDICINE:** An approach to health care that encompasses the whole person: physical, mental emotional and spiritual.

Sessions are provided in the comfort of the patient’s room or in the Integrative Mediations’s Program’s Peace Room.

For more information about the TGH Intergrative Medicine Program, please call (813) 844-4375
Tampa General Hospital encourages patients and families to help us in our efforts to ensure patient safety. TGH supports the Speak Up program sponsored by The Joint Commission. The Speak Up Program urges patients to get involved in their care. We want you to feel comfortable to “speak up” to your nurse, physician, case manager, therapists, or other team members if something does not seem right. It is better to address questions and concerns immediately and directly. We want you to be included in your child’s plan of care and value your input.

The following tips in the Speak Up program highlight ways patients can have safe healthcare experiences:

- Speak up if you have questions or concerns, and if you don’t understand, ask again. It’s your child and you have a right to know.
- Pay attention to the care your child is receiving. Make sure you are getting the right treatments and medications by the right healthcare professionals. Do not assume anything.
- Educate yourself about your child’s diagnosis, the medical tests your child is undergoing and your treatment plan.
- Ask a trusted family member or friend to be your advocate.
- Know what medications your child takes and what they do. Medication errors are the most common healthcare mistakes.
- Participate in all the decisions about your child’s treatment. You are the center of the healthcare team for your child.
Partnership with Patients, Families, and Caregivers

PARTICIPATION: The most important members of the rehabilitation team are you and your child. You will participate in setting goals, program planning and therapy activities, as well as in education and training activities that are critical to your child’s overall success. We also strongly encourage you and your child to participate in rounds, family meetings, support groups, and educational activities.

DISCHARGE PLANNING: It is important that during your child’s stay you work with the team on discharge planning, including making decisions about who will be your child’s caregivers and where your child will receive therapy when you leave the hospital.

EDUCATION/TRAINING: In order for our rehabilitation and discharge to be successful, you need to learn about your child’s care as quickly as possible, and practice these skills while you are at TGH Pediatric Rehabilitation. Staff members will work with you to help you learn new skills in your child’s sessions.

AFTER THERAPY EXERCISES: You and your child will practice the exercises, daily living and hygiene activities, transfers, and other activities and skills to be prepared for discharge.

Admission Agreement for Parents

1. Parents are encouraged to attend any conference requested by the rehabilitation team.

2. Parent agrees to participate in the care including grooming, feeding and activities as requested by the rehabilitation team. Weekly contact with social services and/or case management is also requested.

3. Parent will attend education sessions with nursing and therapists as requested.
Pediatric Bill of Rights for Patients

At Tampa General Hospital, I have the right to:

- Be called by my name.
- Be treated with respect and dignity.
- Know the names of my doctors, nurses, therapists and others who help care for me.
- Be taken care of by staff who knows how to provide age appropriate interventions.
- Care that includes consideration of the psychological, emotional, spiritual and cultural variables that influence my perception of the illness and/or disability.
- Have as normal a schedule as possible which includes uninterrupted sleep.
- Have my pain assessed and appropriately addressed during this rehab stay.
- Receive care in a safe setting.
- Be told what is happening to me, and to have my questions answered honestly in words I can understand.
- Make choices and decisions whenever possible. (When possible, I can choose where and when I get my treatments).
- Privacy and confidentiality about the reason for my hospital admissions.
- As short and comfortable a stay as possible.

Pediatric Bill of Rights for Families and Caregivers

At Tampa General Hospital, your family/caregiver has the right to:

- Be treated with respect and personal dignity.
- Receive information you can understand from those caring for your family member.
- Know about the policies, procedures and routines of the hospital care that includes consideration of the psychological, emotional, spiritual and cultural variables that influence your perception of the illness and/or disability.
- Know what support services are available, including whether an interpreter is available.
- Know who is providing medical services and who is responsible for such services.
- Receive information that will help them and others at home take care of you after you leave the Rehab Center. The materials you get will include information about community resources.

If you have an issue regarding care you receive at Tampa General Hospital, you are encouraged to contact a hospital employee - if you are still in the hospital. The employee will refer your issue to the appropriate department manager/director if unable to resolve the issue(s). All efforts will be made to resolve your issue(s) by the hospital. You may also choose to contact the hospital Risk Manager at 813-844-7666; AHCA (Agency for Health Care Administration) at 888-419-3456; FMOAI (Florida Medicare Quality Improvement Organization): The Florida ESRD Network at 800-826-3773 for a formal grievance involving End Stage Renal Disease services; or the Joint Commission at 630-792-5000 when your issue(s) cannot be resolved.
Rehabilitation Telephone Numbers

Pediatric Nurse Manager ................................................................. 813-844-4229
Therapy Office .................................................................................. 813-844-4415
5F Nurse Station ................................................................................ 813-844-4206
5E Nurse Station ................................................................................ 813-844-4202
Case Management ............................................................................ 813-844-4198
Social Work ......................................................................................... 813-844-4156
Psychology/Neuropsychology Services ............................................. 813-844-4251
Pastoral Care ....................................................................................... 813-844-7049
Rehabilitation Therapy Manager ....................................................... 813-844-7073
Florida Alliance for Assistive Services and Technology .................... 813-844-7591
Florida Spinal Cord Injury Resource Center (FSCIRC) ....................... 813-844-4711
(toll free) ......................................................................................... 866-313-2940
Rehabilitation Admissions................................................................. 813-844-4172
Outpatient Scheduling ..................................................................... 813-844-7719
Child Life Specialist .......................................................................... 813-844-4208
Intergrative Medicine ........................................................................ 813-844-4375

My Physician: Dr. Paul Kornberg, MD., Physiatrist
               Board Certified in Physical Medicine and Rehabilitation
               Phone: 813-228-7696

My Nurse Practitioner,
Key Contact for Questions: Dr. Bonnie Rice, DNP, ARNP
                         Office: 813-844-8951
                         Phone: 813-210-4615
Family/Caregiver Training and Discharge Planning

From the moment of admission, the rehabilitation team will work together to establish goals for what a patient will need to discharge home. Our goal, as a team, is to achieve as much independence as possible for a patient prior to discharge. We consider the patient and their caregiver essential members of our team.

Discharge Date

Once per week the entire treatment team holds a meeting called the care conference/staffing. At this meeting, your child’s progress goals, challenges and barriers are discussed. Based upon initial evaluation, the rehabilitation team will project an anticipated discharge date. The physician or nurse practitioner will share the team’s recommendations and anticipated discharge date after the care conference. The team will continue to review the anticipated discharge date at each weekly meeting and make changes based on your child’s progress. Therefore, the discharge date may vary depending on the progress of the patient during therapy sessions and medical evaluations.

Family Training

Family training is initiated from the first day of your child’s stay. The rehabilitation team will work closely with to teach you what you need to know to care for your child to make the transition from rehabilitation to home easier. Based on the patient’s condition and needs, the family members/caregivers will be required to complete training and education. Both therapy and nursing will conduct separate training and education sessions with the patient and caregivers. At least one family member/caregiver needs to attend these sessions and usually on the same day, preferably the individual who will be responsible for household assistance after discharge. The intensity of training and necessary training days will be communicated to you in advance. Some families are asked to “room in” overnight and assume all care for the child. This allows the family to simulate what care routines will involve once the child is home.

Therapists will provide instruction on safe and effective ways of transferring your child (from bed to wheelchair, wheelchair to toilet, wheelchair to car or in and out of the tub). The therapists will also teach the caregivers in activities of daily living (such as grooming, dressing, hygiene), bed mobility, ambulation and wheelchair mobility, safety precautions, cognitive memory and problem solving methods. In order for a patient’s strength, mobility and cognition to continue to improve, a home exercise program, along with safety instructions, will be developed and reviewed with the patient and caregiver.
Family Training (Cont.)

The nursing staff will provide education and training for your child on any special medical needs. Such special needs may include cast or splint care, toileting or urinary catheterization, bowel care, medication administration, gastrostomy tube care and tube feedings, tracheostomy care, burn dressings and orthopedic pin care.

Once the nursing staff or a therapist has trained a caregiver, the caregiver will be expected to demonstrate the ability and knowledge to complete the task independently. Before discharge, the primary caregiver in the home setting will be expected to demonstrate all skills necessary to care for their patient prior to discharge.

Outings and Therapeutic Day Passes

A therapeutic outing may occur during your child’s stay. During a therapeutic outing, skills learned in therapy sessions will be used in the community under the supervision of the therapists. Examples of outings are a trip to the aquarium, the department/grocery store, ice cream shop, or the zoo.

A leave of absence (TDP) will often be arranged prior to discharge if your child is medically stable and your insurance approves. A TDP allows a patient to leave the hospital with their parent for a few hours, usually on a Saturday or Sunday (after therapy sessions). Prior to a TDP, the parent must be properly trained in transfers (including car transfers), nursing care needs and other safety precautions. TDPs are important because they allow the parent to practice the training they have received in a community setting and review with the rehab team any questions they might have. In addition, the TDP will assist the team in determining any additional equipment needed in the home and allow your child to practice his/her skills outside of the hospital setting. A TDP checklist will be provided to the family for completion and returned to the nurse after your return from the TDP.

Equipment

During the rehabilitation stay, the team will evaluate the patient’s condition and needs in order to recommend the necessary equipment, such as a wheelchair, walker, assistive devices, bathroom and bathing equipment for home use and assistive devices. Nursing will recommend additional equipment if needed. An assessment from the caregiver on the home environment will also be a valuable source of information in determining equipment needs. The social worker will order necessary equipment and arrange for delivery either to the hospital or your home.
Injury Prevention for your Family Member after Rehabilitation

A safe environment for your child to go home to is a priority for the team. Your child’s perception of the world may not be the same as it was before the illness or injury. The rehabilitation team would like to offer some general guidelines to help ensure safety. If you have any questions regarding the below topics please address the rehabilitation team for clarification.

- Structure, routine and predictability will greatly assist your child in transitioning to the home environment.
- Make a list of safety rules and post them in the house.
- Beware of overstimulation, such as a busy mall or amusement park.
- Allow rest periods if your child seems overwhelmed.
- Avoid activities that may lead to a fall. This is especially important for a child with impaired judgment or safety awareness.
- Be extra cautious in the house to avoid falls or tripping. If your child is using a wheelchair or walker, check the measurements to assure the device will fit into the bathroom, doorways or hallways.
- Lock up any harmful household items such as medication, cleansers, pesticides, or cosmetic items to reduce the risk of ingestion. It is also recommended to remove and lock up any flammable items, guns, keys to cars or any other potentially injurious items within the household.
- Your child may exhibit increased impulsivity after a head injury. General rules such as no driving, cooking or showering may require re-enforcement if necessary.
- A child/teen with impaired judgment may attempt to leave the household unsupervised. A bracket or dead bolt locking system may be advisable for those with impaired safety awareness. Any time an additional locking system is installed, a fire escape plan should be developed for the home and practiced regularly to avoid entrapment during a fire.
- A family member may need to supervise the dispensing and swallowing of all prescribed medications.
- Those who have experienced a head injury or stroke may be more sensitive to the effects of medications (i.e., sleepiness or confusion from antihistamines, narcotics or over the counter medications.) Use extreme caution with these medications. You may wish to discuss the dosage of the over the counter medications to better understand how the medicine may affect your family member with your child’s physician.
- If your child is prone to getting up without assistance and is at risk of falling, bed and chair alarms may be purchased on the Internet or by phone two companies are: Easylink UK at http://www.easylinkuk.co.uk/page45.html or Colonial Medical at http://www.colonialmedical.com/product.php?productid=16811&cat=0&page=1. Both units cost under $50. Some families have used a baby monitor as well.
Injury Prevention for your Family Member after Rehabilitation (cont.)

- Move furniture in the home to clear a path for safe mobility.
- Remove throw rugs unless otherwise instructed by the therapy team.
- Check steps to ensure they are level and in good working order.
- Check all lights throughout the house and replace necessary lighting.
- Fix any loose handrails or put in new ones. Try to have handrails on both sides of stairs if possible.
- Move items in the kitchen cabinets and refrigerator to allow easy access.
- Put a non-slip rubber mat on the tub or shower floor.
- Place a lamp within easy reach to the bed.
- Put in a night light to improve vision at night.
- Get up slowly after you sit or lie down.
- Paint contrasting color stripes on the edge of steps if visual impairment is present.
- Keep emergency numbers in large print near each phone.
- Clearly label all medications and keep out of your child’s reach.
- Install smoke detectors and/or check the pre-existing smoke detectors each year.
- Keep the water heater thermostat at 120 degrees Fahrenheit or lower to avoid hot water burns.
- Have a working fire extinguisher in the kitchen area.
A Child Life Specialist is a professional who is specially trained to help patients and families manage stressful healthcare experiences and other life events. They help reduce the stress and anxiety that many children experience in the hospital and healthcare setting.

**TGH has Certified Child Life Specialists on staff, who help with the rehabilitation process by:**

- Education, support and distraction during procedures.
- Facilitating play therapy.
- Planning and facilitation daily group and individualized recreation interventions, games, movies, picnics, lunches, pet therapy, art therapy, music therapy and integrative medicine activities.
- Normalizing the hospital environment.
- Working with the medical team to minimize stress associated with a hospital visit.
- Working with the medical rehab team on rehab goals and developmental tasks.
- Developing supportive relationships with patients and family members.
- Using medical play for patients to express feelings and cope with stress.
- Teaching coping skills and pain management including comfort positioning, progressive relaxation, deep breathing, alternative focus, guided imagery, therapeutic touch and diversionary activities.
- Offering siblings and friends support and education.
- Assisting with development and implementation of a behavior management plan.
Psychology and Coping with Injury

It is common for a child going through an intensive inpatient rehabilitation program to experience changes in behavior and emotions. This may be the direct result of the injury itself or due to issues of adjustment from the many challenges of being in rehabilitation. In order to assist you through these difficulties, the team includes a psychologist for emotional support, assessment and behavior management.

It is important that you share thoughts and feelings about your illness/injury and hospital stay with the rehabilitative team. The psychologist help you make sense of what has happened. In addition, counseling can be provided to help cope with the adjustment to injury-related issues.

The psychologist will evaluate your child’s cognitive and behavioral outcomes during and after medical treatment and injury. Additionally, he/she will advocate for you and your child’s rights as you re-enter the community.

During a patient’s stay at the hospital, it is very important to monitor and balance the needs of the caregiver as well. Though some life circumstances cannot be altered, sharing thoughts and feelings with a trained mental health professional can give you an opportunity to cope with your emotions. The psychologist will assist with problem solving and provide support.

Coping for Brain Injury Patients

If behavior starts interfering with your child’s participation, the neuropsychologist will work with you and the team to develop a behavior plan. Behavior plans are designed to use positive reinforcement and:

- promote appropriate and positive behaviors
- decrease harmful and/or inappropriate behaviors
- teach new adaptive behaviors

This behavior plan will be monitored by the psychologist working together with your child, you and the rehab team. Your input and feedback during this process will be very important.
Frequently Asked Questions

Q: What should I expect when my child is admitted to Rehab?
- Located in Children’s Medical Center (East Pavilion) at TGH.
- 5th floor of hospital, Pediatrics 5E and 5F.
- You may share a room.
- Doctor or Nurse Practitioner will assess your needs and write orders for other rehab team members.
- Evaluations by rehab team members will begin on day of arrival or next day (depending on time of arrival).
- Goals will be set for rehab stay with you and your child’s input.
- A schedule will be placed on door for therapy times on day of evaluation.

Q: How long will my child stay in the Inpatient Rehabilitation Program?
- The estimated length of stay (ELOS) will be determined by rehabilitation team members – according to your child’s diagnosis, progress and discharge plan.
- A Care Coordinator will contact insurance provider – in regards to child’s progress and goals.

Q: Can I stay with my child?
- Overnight accommodations are available at the child’s bedside for (1) one parent/caregiver. The individual staying overnight must be 18 years of age or the parent.
- There is a Ronald McDonald House on campus that provides overnight accommodations for families that qualify for their program so you can be close to your child. There is a small fee each day, but may be waived under special circumstances. You must have a referral from the Social Worker to stay at Ronald McDonald House.
- Your child may be exhausted from therapy, please promote age appropriate bed times.

Q: What type of rehabilitation services will my child receive?
- May include physical therapy (PT), Occupational therapy (OT), Speech Therapist (ST), Psychology, and Child Life.
- Integrative medicine and biofeedback is also available.
- School.

Q: How much therapy will my child receive on weekdays/weekends?
- Up to 3 hours of PT/OT/ST on weekdays (morning and afternoon).
- Limited PT and/or OT on weekends (morning).

Q: How will I know my child’s therapy schedule?
- Schedules are posted on each child’s door and updated each day.
- Schedules may be changed if necessary to accommodate the entire Pediatric Rehab population.
Frequently Asked Questions (cont.)

Q: What is a typical day in rehab?
- The times of the therapies may vary.
- Family should awaken the child at 7am every day.
- Breakfast is between 7am and 8:00am.
- Please try to take your child to the toilet before therapies start for the day.
- If the therapists wish to work on dressing skills they will notify you the day before so you can wait until they arrive before starting activities such as dressing or brushing teeth.
- Lunchtime is at noon.
- Therapy may treat in two sessions, morning and afternoon, depending on endurance of the child.
- Naps and rest times can be arranged into schedules.
- Child Life, neuropsychological testing and school may also be placed into schedule.
- Dinner is typically served between 4pm to 6pm.

Q: How will I know my child’s progress in therapy?
- Members of rehab team will discuss child’s progress on an ongoing basis
- There are formal meetings weekly to discuss child’s goals and progress
- The doctor or nurse practitioner will meet with you to discuss these meetings – along with estimated length of stay
- A meeting will be held with family within a week after the first care conference/staffing with team members (unless your child’s total length of stay is less than 7 days).

Q: What clothing and personal items are necessary for my child?
- Bring in a weekly supply of comfortable clothing
- Loose fitting clothes (like gym pants and T-shirts)
- Sturdy shoes (sneakers, preferably with Velcro closures)
- Light sweater or jacket
- Underclothes
- Personal hygiene items
- Hairbrush/comb
- Special items: pillows, stuffed animals or toys, pictures from home
- Laundry – located in Family Lounge in Pediatrics. The nurses can assist with providing laundry soap.
- Please mark all clothing and personal items with your child’s name
- A small safe is located in clothes cubby of most rooms.

Q: What equipment should I bring from home?
- Please bring in any braces, walking devices and wheelchairs that your child utilizes at home – so they can be evaluated by the team
- Do not buy any new equipment before coming to rehab
- Please share with your therapists any problems you are having with your therapy equipment, such as wheelchair, kid kart, stander or bracing. These issues can be addressed while an inpatient in Pediatric Rehab.
Q: May my child go home during their hospital stay?
- Yes, they may be cleared for a leave of absence (Therapeutic Day Pass) to go home for a few hours on the weekend. TDPs are scheduled after morning therapy until 8:00 pm.
- Family members who will assist the child at home must attend therapy and nursing training sessions to prepare for TDPs.
- You or a family member will have to demonstrate competency in all skills necessary to ensure your child’s safety on their TDP.

Q: How will my family and I be involved in my child’s rehabilitation program?
- The therapist will keep you updated and times will be scheduled for you or your family to observe/participate in therapy.
- While you and your family are visiting you will learn how to do all of the care the nurses are doing for your child for discharge home.
- Family meetings will be planned during your child’s inpatient rehabilitation stay to discuss your child’s progress and goals with the medical and therapy team.

Q: Can my child have visitors?
- Yes, we encourage visitors to please come after therapy sessions around 4:00 pm. Visiting hours are 8:30am – 8:30pm.
- Caregivers who will participate in the child’s care after discharge may be asked to attend therapy for training purposes.
- No more than three (3) visitors are allowed at the bedside at any time. If there is a large group of visitors, we ask that you have them wait in the waiting room and rotate your turn to visit.
- Children (siblings or visitors under the age of 18 years old) may visit if they are not sick, but may not stay overnight and they must be supervised by an adult at all times.

Q: Where should I park at the hospital?
- TGH Parking garage adjacent to the main hospital with the first hour of parking free and time greater than one hour at $3 flat rate when exiting the garage.
- Families staying at Ronald McDonald house should park adjacent to the house.
- Parking Management:
  (813) 844-2277 open 6:00am-4:00pm Monday-Friday.
- You must have a referral from the Pediatric Social Worker (813) 844-4156 to stay at the Ronald McDonald House.
Frequently Asked Questions (Cont.)

Q: What should I expect when my child is ready to be discharged?
• Once your child’s discharge date is determined the doctor or nurse practitioner will discuss with the family.
• They will assist with ordering equipment needed, arrange for outpatient therapy and provide you with any necessary contact information for other services.
• The team will set up training sessions as needed for you and your child.
• You will be provided with information regarding our child’s health status (portable medical record), ongoing therapy needs, home safety precautions and follow up with medical specialists.

Q: What should I expect on day of discharge from rehab?
• Plan to leave around lunch time.
• Check your child’s belongings.
• Remember to check contents of safe.
• It is recommended that you begin packing the night before discharge.
• Ask nurse to retrieve any items stored in security.
• Attend morning therapies.
• Discharge instructions will be provided from the nurse before discharge – you will need to sign these forms before you can be discharged.
• You will be contacted after discharge by phone for follow up.

Q: May my child bring small electronic devices to the hospital?
• Yes, you may bring personal electronic devices.
• For your convenience, each room has a small safe that you can lock up your smaller belongings.
• Never leave small portable electronics such as Smartphones or PSPs on the bed. They may get folded up in the linens and be inadvertently discarded.
• The hospital is not responsible for the loss or theft of these items.

Q: Will my child and I be able to call friends and family?
• Yes, you may make local calls from the room phone by dialing “29” then the number.
• Long distance calls dial “0” for the operator and request a long distance call and state the phone number.
• Friends and family may call the room directly.
• Incoming calls will be blocked from 10:00 pm to 7:00am for quiet time.
• Telecommunication devices for the deaf (TDD) and for the hearing impaired are available upon request.

Q: Where can our visitors and family find a restaurant?
• Cafeteria/Food court- West Pavilion 1st floor.
• McDonald’s and Starbucks Coffee- East Pavilion 1st Floor.
Hospital Resources

Information Desk
- Main lobby, 1st floor, West Pavilion
- East Pavilion, 1st floor, near McDonald’s

ATM
- An ATM is located inside McDonald’s, as well as in the Cafeteria/Food Court

Laundry Facilities
- Located in the Parent Lounge on Pediatrics

Dining Services
- TGH Cafeteria/Food Court, 1st floor, West Pavilion.
- A daily menu may be obtained by dialing (813) 844-6368 (MENU)
- McDonald’s, 1st floor, East Pavilion
- Starbucks Coffee, 1st floor, East Pavilion

W.H.A.R.F. Gift Shop
- Main Lobby, 1st floor, West Pavilion
- (813) 844-7370
- Hours of Operation: Monday-Friday, 9:30 a.m. - 8:00 p.m.; Saturday, 10:00 a.m. - 4:00 p.m.; Sunday, 11:00 a.m. - 4:00 p.m.

Pastoral Care
- The chapel is located on the 1st floor, West Pavilion
- (813) 844-7063

Internet Services
- Wireless internet access is available throughout the hospital with TGH Guestnet as your internet access.
- Getwell Network in the patient rooms allows some internet access.
- CaringBridge.org - A free service that lets you set up a unique webpage for yourself, family or friends who are hospitalized. Visit www.tgh.org to link to this service.
<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Assistance Provided</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>ADA Watch</td>
<td>Defends and promotes the Americans with Disabilities Act (ADA)</td>
<td><a href="http://www.accessiblesociety.org/topics/ada/adawatchgroup.htm">http://www.accessiblesociety.org/topics/ada/adawatchgroup.htm</a> <a href="http://www.adawatch.org">www.adawatch.org</a></td>
</tr>
<tr>
<td>Advocacy Center for Persons with Disabilities Inc.</td>
<td>Provides protection and advocacy services</td>
<td>850-488-9071 <a href="http://www.advocacycenter.org">www.advocacycenter.org</a></td>
</tr>
<tr>
<td>Assistive Technology Education Network (ATEN)</td>
<td>Assistive technology support for students</td>
<td><a href="http://www.aten.scps.k12.fl.us">www.aten.scps.k12.fl.us</a></td>
</tr>
<tr>
<td>Caregiver.com</td>
<td>Caregiver support groups by county</td>
<td><a href="http://www.caregiver.com/regionalresources/states/FL/support/index.htm">www.caregiver.com/regionalresources/states/FL/support/index.htm</a></td>
</tr>
<tr>
<td>Caring &amp; Sharing Center for Independent Living, Inc (CASCIL)</td>
<td>Assist people to achieve greatest degree of independence possible</td>
<td>727-577-0065 <a href="http://www.cascil.org">www.cascil.org</a></td>
</tr>
<tr>
<td>Center for Assistive Technology and Environmental Access</td>
<td>Assistive and universally designed technologies</td>
<td>800-726-9119 <a href="http://www.catea.org">www.catea.org</a></td>
</tr>
<tr>
<td>CenterWatch</td>
<td>Provides educational materials on clinical research</td>
<td><a href="http://www.centerwatch.com">www.centerwatch.com</a></td>
</tr>
<tr>
<td>Clinical Trials</td>
<td>Provides information about federally and privately supported clinical research</td>
<td><a href="http://www.clinicaltrials.gov">www.clinicaltrials.gov</a></td>
</tr>
<tr>
<td>Disability Rights Education and Defense Fund (DREDF)</td>
<td>Protects and advances the civil rights of people with limited abilities</td>
<td>800-348-4232 <a href="http://www.dredf.org">www.dredf.org</a></td>
</tr>
<tr>
<td>Family Cafe</td>
<td>Venue for people with disabilities and their family to learn about available services in Florida</td>
<td><a href="http://www.familycafe.net">www.familycafe.net</a></td>
</tr>
<tr>
<td>Florida Alliance for Assistive Services and Technology (FAAST)</td>
<td>Advocacy and awareness activities that increase access to and acquisition of assistive services and technology</td>
<td>813-844-7591 <a href="http://www.faast.org">www.faast.org</a></td>
</tr>
<tr>
<td>Provider Name</td>
<td>Assistance Provided</td>
<td>Contact Information</td>
</tr>
<tr>
<td>------------------------------------------------------------------------------</td>
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<td>--------------------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| Florida Developmental Disabilities Council                                   | Information for people with limited abilities, families, advocates and professionals | 800-580-7801  
850-488-4180  
www.fddc.org                                                                 |
| Florida Diagnostic and Learning Resources System (FDLRS)                    | Provides diagnostic and instructional support services                              | 813-837-7777  
www.fdlrs.org                                                                 |
| Florida Directory of Early Childhood Services                               | Provides disability services                                                        | 800-654-4440  
www.centraldirectory.org                                                  |
| Florida Disabled Outdoors Association                                        | Education about the therapeutic value of recreation                                | 850-201-2944  
www.fdoa.org                                                                 |
| Florida Housing Coalition                                                    | Resource list related to housing                                                   | 850-878-4219  
www.flhousing.org                                                             |
| Florida Inclusion Network                                                    | Provides learning opportunities                                                    | 813-837-7730  
www.floridainclusionnetwork.com                                            |
| Florida Independent Living Council (FILC)                                   | Promote independent living opportunities for persons with limited abilities         | 877-822-1993  
850-488-5624 (voice/TTY)  
http://ilcflorida.org/pages/resources                                             |
| Florida Institute for Family Involvement (FIFI)                             | Enable individuals to advocate for appropriate services and make wise service choices| 877-926-3514  
305-293-7626  
www.fifionline.org                                                             |
| Florida Instructional Material Center for the Visually Impaired (FIMCVI)     | Assist schools in obtaining specialized materials for students with visual impairments | 813-837-7826  
www.fimcvi.org                                                              |
| Florida Youth Council                                                        | Council                                                                              | www.familycafe.net                                                               |
| Learning Disabilities Association of America (LDA)                          | Enhancing the quality of life for all individuals with learning disabilities         | 412-341-1515  
www.ldaamerica.us                                                            |
| Medicaid Waiver                                                             | Re-integrate individuals into their communities                                      | 866-875-5660  
www.doh.state.fl.us/workforce/brainsc/medicaid/medicaid.home.html          |
| Nathanial's Hope Buddy Break                                                | Respite Group                                                                        | www.Nathanielshope.org  
www.buddybreak@relevantchurch.org                                         |
| New Horizon Fund                                                             | Offers loans for the purchase of assistive technology (up to $30,000), and home-based business loans (up to $20,000) | 888-788-9216  
http://www.faast.org/New-Horizon-Fund/assistive-technology-loans          |
| Self Reliance, Inc Center for Independent Living                            | Advocacy, peer support and mentoring.                                                | 813-375-3965  
813-375-3972 (TTY)  
www.self-reliance.org                                                        |
| Tampa Lighthouse for the Blind                                               | Comprehensive rehabilitation programs for persons who are blind or visually impaired  | 813-251-2407  
www.tampalighthouse.org                                                     |
| TASH                                                                         | International association of people with disabilities                              | 202-540-9020  
www.tash.org                                                               |
## General Community Resources for Persons with Special Needs

<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Assistance Provided</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>The</td>
<td>Provides Floridians with limited abilities fair employment opportunities</td>
<td>850-224-4493</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.abletrust.org">www.abletrust.org</a></td>
</tr>
<tr>
<td>Unite2FightParalysis</td>
<td></td>
<td>888-202-1992</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.unite2fightparalysis.org">www.unite2fightparalysis.org</a></td>
</tr>
<tr>
<td>United Cerebral Palsy (Achieve Tampa Bay)</td>
<td></td>
<td>800-872-5827</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.ucp.org">www.ucp.org</a></td>
</tr>
<tr>
<td>University of South Florida Rehabilitation Engineering and Technology Program (RETP)</td>
<td></td>
<td>813-974-5346</td>
</tr>
<tr>
<td></td>
<td>Provides quality technology interventions</td>
<td><a href="http://retp.eng.usf.edu">http://retp.eng.usf.edu</a></td>
</tr>
<tr>
<td>Vocational Rehabilitation</td>
<td>Enable individuals with limited abilities to obtain and keep employment</td>
<td>800-451-4327</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.rehabworks.org">www.rehabworks.org</a></td>
</tr>
<tr>
<td>VSA Florida</td>
<td>Helping persons with limited abilities learn through, participate in, and enjoy the arts</td>
<td>813-975-6962</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.vsafl.org">www.vsafl.org</a></td>
</tr>
<tr>
<td>Wheelchairs 4 Kids</td>
<td>Donation</td>
<td>954-792-7223</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="http://www.darrellgwynnfoundation.org">www.darrellgwynnfoundation.org</a></td>
</tr>
</tbody>
</table>

### Government Offices

<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Assistance Provided</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Directory of Elected Officials</td>
<td></td>
<td><a href="http://www.usa.gov/Contact/Elected.shtml">http://www.usa.gov/Contact/Elected.shtml</a></td>
</tr>
<tr>
<td>Florida Commission on Human Relations</td>
<td></td>
<td><a href="http://fchr.state.fl.us">http://fchr.state.fl.us</a></td>
</tr>
<tr>
<td>Florida Department of Elder Affairs</td>
<td></td>
<td>800-963-5337</td>
</tr>
<tr>
<td>Florida Division of Workers Compensation</td>
<td></td>
<td>800-342-2762</td>
</tr>
<tr>
<td>Florida LTC Ombudsman Program</td>
<td>Advocate for those living in nursing homes, assisted living facilities, and adult family care homes.</td>
<td>850-413-3100</td>
</tr>
<tr>
<td>Florida Medicaid Office</td>
<td></td>
<td>888-419-3456</td>
</tr>
<tr>
<td>Florida State Website</td>
<td>Information for residents of Florida</td>
<td><a href="http://myflorida.com/">http://myflorida.com/</a></td>
</tr>
<tr>
<td>State Library of Florida</td>
<td></td>
<td>850-245-6600</td>
</tr>
<tr>
<td>SunPass Prepaid Toll Program</td>
<td>Assists persons with limited abilities pay for tolls</td>
<td>888-865-5352</td>
</tr>
<tr>
<td>Provider Name</td>
<td>Assistance Provided</td>
<td>Contact Information</td>
</tr>
<tr>
<td>-------------------------------------</td>
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</tr>
<tr>
<td>Canine Companions for Independence</td>
<td>Provides highly trained assistance dogs</td>
<td><a href="http://www.cci.org">http://www.cci.org</a></td>
</tr>
<tr>
<td>Canine Helpmates, Inc</td>
<td></td>
<td>907-357-5700</td>
</tr>
<tr>
<td></td>
<td></td>
<td>407-474-2875</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="mailto:jcarter@cfl.rr.com">jcarter@cfl.rr.com</a></td>
</tr>
<tr>
<td>Florida Canines Assisting People</td>
<td>Types of dogs trained: Service, Therapy</td>
<td>352-821-2798</td>
</tr>
<tr>
<td>Florida Dog Guides for the Deaf</td>
<td>Types of dogs trained: Hearing</td>
<td>800-520-4589</td>
</tr>
<tr>
<td></td>
<td></td>
<td>941-748-8245 (TDD)</td>
</tr>
<tr>
<td>My Angel with Paws</td>
<td>Provide service dogs</td>
<td><a href="http://www.myangelwithpaws.org">www.myangelwithpaws.org</a></td>
</tr>
<tr>
<td>New Horizon Service Dogs</td>
<td>Types of dogs trained: Service, Mobility Assistance</td>
<td>386-456-0408</td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="mailto:newhorizons@cfl.rr.com">newhorizons@cfl.rr.com</a></td>
</tr>
<tr>
<td></td>
<td></td>
<td><a href="mailto:okada@okadadogs.com">okada@okadadogs.com</a></td>
</tr>
<tr>
<td>Sedona Service Dog Program</td>
<td>Assists persons with limited abilities pay for tolls</td>
<td><a href="mailto:sedonaK9@aol.com">sedonaK9@aol.com</a></td>
</tr>
<tr>
<td>Wags / Vicon Kennels</td>
<td>Types of dogs trained: Service</td>
<td>352-482-3988</td>
</tr>
</tbody>
</table>
### General Community Resources for Persons with Special Needs

<table>
<thead>
<tr>
<th>Sports and Recreation</th>
<th>Provider Name</th>
<th>Assistance Provided</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Axis Dance Company</td>
<td>Dance Classes</td>
<td><a href="http://www.axisdance.org">www.axisdance.org</a></td>
<td></td>
</tr>
<tr>
<td>Bakas Equestrian Center</td>
<td>Therapeutic Horseback Riding</td>
<td>813-264-3890</td>
<td></td>
</tr>
<tr>
<td>BlazeSports</td>
<td>Maximize potential through sports</td>
<td><a href="http://www.blazesports.com">www.blazesports.com</a></td>
<td></td>
</tr>
<tr>
<td>BlazeSports Daytona Beach</td>
<td>Maximize potential through sports</td>
<td><a href="http://codb.us/residents/Departments/leisure/Therapeutic">http://codb.us/residents/Departments/leisure/Therapeutic</a></td>
<td></td>
</tr>
<tr>
<td>BlazeSports Miami</td>
<td>Maximize potential through sports</td>
<td><a href="http://www.shakelegmiami.org">www.shakelegmiami.org</a></td>
<td></td>
</tr>
<tr>
<td>BlazeSports Pensacola</td>
<td>Maximize potential through sports</td>
<td><a href="http://www.ci.pensacola.fl.us">www.ci.pensacola.fl.us</a></td>
<td></td>
</tr>
<tr>
<td>BlazeSports Tampa Bay</td>
<td>Maximize potential through sports</td>
<td>813-744-5307</td>
<td></td>
</tr>
<tr>
<td>Broward County Parks and Recreation</td>
<td>Parks and Recreation Department</td>
<td><a href="http://www.broward.org/parks">www.broward.org/parks</a></td>
<td></td>
</tr>
<tr>
<td>Buddy Baseball</td>
<td>Buddy assisted sports</td>
<td>813-416-5742</td>
<td><a href="http://www.buddybaseball.org">www.buddybaseball.org</a></td>
</tr>
<tr>
<td>Campy Boggy Creek</td>
<td>Provides camp experience</td>
<td>352-483-4200</td>
<td><a href="http://www.boggycreek.org">www.boggycreek.org</a></td>
</tr>
<tr>
<td>Dream Oaks Camp</td>
<td>Outdoor camp experience</td>
<td>800-348-4232</td>
<td><a href="http://www.dredf.org">www.dredf.org</a></td>
</tr>
<tr>
<td>Lee County Parks and Recreation</td>
<td>Parks and Recreation Department</td>
<td><a href="http://www.leeparks.org">www.leeparks.org</a></td>
<td></td>
</tr>
<tr>
<td>Long Center in Clearwater</td>
<td>Aquatics (adaptive sports)</td>
<td>727-793-2339</td>
<td></td>
</tr>
<tr>
<td>Quantum Leap</td>
<td>Hippotherapy</td>
<td><a href="mailto:quantumleap@verizon.net">quantumleap@verizon.net</a></td>
<td></td>
</tr>
<tr>
<td>Sailability Tampa Bay</td>
<td>Adaptive sailing program individuals with limited abilities</td>
<td>727-489-9468</td>
<td><a href="http://www.sailabilitygreatesttampabay.org">www.sailabilitygreatesttampabay.org</a></td>
</tr>
<tr>
<td>Sailing Alternatives, Inc</td>
<td></td>
<td><a href="http://www.sailingalternatives.org">www.sailingalternatives.org</a></td>
<td></td>
</tr>
<tr>
<td>Saddle Up Riding Club</td>
<td>Therapeutic Horseback Riding</td>
<td>727-637-3022</td>
<td></td>
</tr>
<tr>
<td>Therhappy</td>
<td>Hippotherapy</td>
<td><a href="http://www.therhappy.org">www.therhappy.org</a></td>
<td></td>
</tr>
<tr>
<td>True Blue Therapy</td>
<td>Aquatics</td>
<td><a href="http://www.truebluetherapy.net">www.truebluetherapy.net</a></td>
<td></td>
</tr>
<tr>
<td>Special Olympics</td>
<td>Sports and Activities</td>
<td>813-712-8709</td>
<td></td>
</tr>
<tr>
<td>U Can Ski 2</td>
<td>Provides adaptive water ski events for adults and children</td>
<td><a href="http://www.ucanski2.com">www.ucanski2.com</a></td>
<td></td>
</tr>
<tr>
<td>USA Water Ski Adapted</td>
<td>Provides resources for adaptive water skiing</td>
<td><a href="http://www.usawaterski.org/pages/divisions/WSDA/main.htm">www.usawaterski.org/pages/divisions/WSDA/main.htm</a></td>
<td></td>
</tr>
</tbody>
</table>
### Additional Resources for Persons with Brain Injury

<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Assistance Provided</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brain and Spinal Cord Injury Program</td>
<td>Provides the opportunity to obtain the necessary services enabling them to return to their community</td>
<td>800-342-0778 <a href="http://www.doh.state.fl.us/demo/BrainSC/index.html">http://www.doh.state.fl.us/demo/BrainSC/index.html</a></td>
</tr>
<tr>
<td>Brain Injury Association of Florida (BIAF)</td>
<td>Informs, educates, supports, and advocates on behalf of traumatic brain injury (TBI) survivors, their families and caregivers</td>
<td>800-992-3442 <a href="http://www.biaf.org">www.biaf.org</a></td>
</tr>
<tr>
<td>Miami Jewish Home and Hospital</td>
<td>Brain and Spinal Cord Injury ventilator dependent rehabilitation program</td>
<td>305-751-8626 x3843 <a href="http://www.mjhha.org">www.mjhha.org</a></td>
</tr>
</tbody>
</table>

### Additional Resources for Persons with Other Disorders

<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Assistance Provided</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Guillain-Barre Syndrome</td>
<td>Provides support to those affected</td>
<td>610-667-0131 <a href="http://www.gbs-cidp.org">http://www.gbs-cidp.org</a></td>
</tr>
<tr>
<td>Tampa Bay Ataxia Group</td>
<td>Improving the lives of persons affected by ataxia</td>
<td><a href="http://www.ataxia.org/chapters/TampaBay/defaults.aspx">www.ataxia.org/chapters/TampaBay/defaults.aspx</a></td>
</tr>
</tbody>
</table>

### Additional Resources for Persons with Multiple Sclerosis

<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Assistance Provided</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>MSAA Southeast Regional Office</td>
<td>Support Group</td>
<td>800-532-7667 x154 727-367-1113 <a href="http://www.msaa.com">www.msaa.com</a></td>
</tr>
<tr>
<td>Multiple Sclerosis Association of America</td>
<td>Enrich the quality of life for everyone affected by Multiple Sclerosis</td>
<td><a href="http://www.msaa.com">www.msaa.com</a></td>
</tr>
</tbody>
</table>

### Additional Resources for Persons with Muscular Dystrophy

<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Assistance Provided</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Muscular Dystrophy Association</td>
<td>Provides support to those affected</td>
<td><a href="http://www.mdausa.org">www.mdausa.org</a></td>
</tr>
</tbody>
</table>

### Additional Resources for Persons with Stroke

<table>
<thead>
<tr>
<th>Provider Name</th>
<th>Assistance Provided</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>America Stroke Association</td>
<td>Build healthier lives, free of cardiovascular disease and stroke</td>
<td>888-478-7653 <a href="http://www.strokeassociation.org">www.strokeassociation.org</a></td>
</tr>
<tr>
<td>CDC's Cardiovascular Health</td>
<td>Provide public health leadership to improve cardiovascular health for all</td>
<td><a href="http://www.cdc.gov/DHDSP/">http://www.cdc.gov/DHDSP/</a></td>
</tr>
<tr>
<td>Florida Department of Health</td>
<td>Promoting health and preventing chronic disease</td>
<td><a href="http://www.doh.state.fl.us/Family/heart/index.html">www.doh.state.fl.us/Family/heart/index.html</a></td>
</tr>
<tr>
<td>Provider Name</td>
<td>Assistance Provided</td>
<td>Contact Information</td>
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<tr>
<td>---------------------------------------------------</td>
<td>--------------------------------------------------------------------------------------</td>
<td>----------------------------------------------------------</td>
</tr>
<tr>
<td>Christopher Reeve Foundation</td>
<td>Committed to finding a cure and improving the quality of life for people with SCI</td>
<td>800-225-0292 \n**<a href="http://www.christopherreeve.org">www.christopherreeve.org</a>**</td>
</tr>
<tr>
<td>Citrus County Spinal Cord Injury Support Group</td>
<td>Support Group</td>
<td>352-631-0191 \nRufus Walters</td>
</tr>
<tr>
<td>Florida Dept of Health Brain and Spinal Cord Injury Program</td>
<td>Provides eligible residents the opportunity to obtain the necessary services enabling them to return to their community</td>
<td>800-342-0778 \n866-875-5660 \n850-245-4045 \n**<a href="http://www.doh.state.fl.us/demo/BrainSC/index.html">http://www.doh.state.fl.us/demo/BrainSC/index.html</a>**</td>
</tr>
<tr>
<td>Florida Spinal Cord Injury Resource Center (FSIRC)</td>
<td>SCI resource information for persons who have survived and SCI</td>
<td>866-313-2940 \n**<a href="http://www.fscirc.com">www.fscirc.com</a>**</td>
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<td>South Florida Spinal Cord Injury Model System</td>
<td></td>
<td>800-545-2292 \n305-585-1320 \n**<a href="http://www.sci.med/miami.edu">www.sci.med/miami.edu</a>**</td>
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Notes: