

SOCIAL GATHERINGS

Infection Prevention Tips



Here's what you can do

We acknowledge that as we approach the holidays, individuals will want to attend social gatherings. The primary prevention for COVID-19 is vaccination, however, here are some additional helpful tips to gather as safely as possible:

- Limit the number of attendees as much as possible.
- Remind guests to stay home if they are sick.
- At all times, ensure guests are following respiratory etiquette (i.e., cover mouth/nose with tissue when coughing or sneezing, throw used tissues in waste basket, if you don't have a tissue, cough or sneeze into your upper sleeve or elbow).
- Host your gathering outdoors, when possible. Avoid holding gatherings in crowded, indoor spaces. If this is not feasible, make sure the room is well-ventilated (i.e., open a window).
- Arrange tables/chairs to allow for social distancing.
- Wear masks when less than 6 feet apart from people or indoors.
- Clean your hands for at least 20 seconds when entering and exiting social gatherings. If soap and water are not available, use hand sanitizer containing at least 60% alcohol. Place hand sanitizer at the doorway and at the dining room table to serve as a reminder to guests. Encourage attendees to clean their hands often.
- Remind guests to wash their hands before serving or eating food.
- Looking for team-building activities? Host outdoor gatherings like an outdoor movie night.
- Avoid higher-risk activities such as using alcohol or drugs, which can cloud judgment, and increase risky behaviors.