

FoundationFocus

The official publication of the TGH Foundation

Summer 2010

2010 Annual Moments in Time Gala



Recapture the Magic of the Safari

The 13th Annual *Moments In Time* Gala – Out of Africa – was held on May 8, 2010, at the Grand Hyatt Tampa Bay. Busch Gardens' Mystic Sheiks of Morocco led those attending the exclusive Patron's Party into the ballroom, signaling the beginning of the gala festivities. Over 375 guests, dressed for the safari or cocktails under the stars, explored their wild side, sampled exotic dishes and experienced a majestic evening filled with all the enchantment and beauty of the African

landscape. Guests were served cocktails from a bar built by Skanska especially for this event, while they enjoyed Busch Gardens' animal encounters and watched the "GoGo cats" dancing on stage!

Another highlight of the evening was the Reverse Chance Drawing. Chairs, Barbara Hurst and Holly Tomlin, drew the 13 winning tickets. Twelve great prizes were presented in addition to the Grand Prize of \$10,000.

(continues on page 7)



Doug and Tricia Dieck.



Mary Jane Campbell, Barbara Hurst and Holly Tomlin (left to right) sold chance drawing tickets during a special wine tasting at Datz Deli & Foodies Market.



TGH CEO Ron Hytoff, Wayne Lewis, Dr. Scott Anderson, Dr. Rajendra Kedar and Dr. Claude Guidi. (left to right)

The 13th Annual Moments In Time Gala

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From the Chairman



It never ceases to inspire me when I hear stories from patients and their families. As my first year as Chairman of the TGH Foundation comes to a close, I find that more and more people reach out to me to share their experiences. But you don't have to be Chairman of the Foundation to benefit from this. My guess is that if you let your friends and colleagues know that you are a TGH supporter, you would start hearing some of these stories.

If you watch the news, barely a week goes by when there is not a story on one of the local, and sometimes national, news stations that depicts either a patient experience or some other aspect of what goes on at TGH every day – whether it is related to research, cutting-edge technology, medical education or any other myriad aspects of providing health care. How proud I am to be a part of that.

An inspiring example of patient testimonials can be found in the article in this newsletter on the first annual Cerebral Celebration. There are a number of these special patient celebrations held throughout the year. I know that you cannot all be there to hear the stories firsthand, but we will continue to share them with you in the *FoundationFocus*.

At the end of the day, what it comes down to is people: the people who come to TGH for care; the people who provide the care; the people who take care of our facilities; the people who provide the support services so that the direct care providers can do what they do best; the people who provide the back office functions that patients never see and the people who manage and lead this outstanding jewel in our community. And the people at TGH are outstanding.

And last but not least, we could not do it without the support of our donors. I hope that you get as good of a feeling as I do about financially supporting Tampa General Hospital. I would like to give a special thanks to two special Foundation supporters, Barbara Hurst and Holly Tomlin, who served as Chairs of the 2010 *Moments in Time* Gala which raised a net profit of over \$220,000 for the Fund for the Future. A key to this success was Skanska USA Building, Inc., our Presenting Sponsor and Busch Gardens, our Theme Sponsor.

I encourage you to be on the lookout for those wonderful patient stories. When you hear them, you will know that you are supporting the best hospital around.

John Touchton
Chairman, Tampa General Hospital Foundation Board of Trustees



Tampa Bay Lightning and the Lightning Foundation Support TGH

The Tampa Bay Lightning hosted the 8th Annual Glitz & Sticks Celebrity Casino Evening at the Hyatt Regency Tampa. This year's extravaganza once again benefitted TGH's Jennifer Leigh Muma Neonatal Intensive Care Unit, as well as the Lightning Foundation's Annual Grant Program. The TGH Foundation received \$50,000 in proceeds from this event.

The partnership between TGH and the Lightning goes beyond this great event. During the year, members of the Lightning hockey team and the Thunderbug mascot make visits to the Children's Medical Center to cheer up our pediatric patients.



Four-year-old Fernando Rasgado-Fuentes seems impressed by Tampa Bay Lightning defenseman Victor Hedman.

Upcoming Events

Annual Dinner Thursday, October 7, 2010

The Tampa General Hospital Foundation's Annual Dinner will be held on Thursday, October 7, 2010, at Palma Ceia Golf and Country Club. During the dinner, Foundation Chairman John Touchton will give his report on the accomplishments and activities of the past year, and Jim Warren, Chairman of the Florida Health Sciences Center Board of Directors, will give the hospital report. The prestigious James M. "Red" McEwen and Madeleine Gibbons Award recipients will be announced and the recipients of the Foundation's nursing scholarships will be recognized.

Annual Golf Tournament Monday, October 25, 2010

The TGHF Annual Golf Tournament, chaired by Mark Nouss and Paul Stanley, will be held on Monday, October 25, at Old Memorial Golf Club. The goal of this event is to raise awareness about Tampa General Hospital's many programs and services. Proceeds will benefit both the Tampa General Hospital Foundation and MORE HEALTH, Inc. – Tampa General's innovative health education and injury prevention program, which provides a variety of health lessons to more than 200,000 students in Hillsborough and Pinellas County public and private schools.

The Circus is Coming! Thursday, January 6, 2011

The Tampa General Hospital Foundation will present the 20th Annual Night at the Circus, chaired by Andrea Gramling, on Thursday, January 6, 2011, at the St. Pete Times Forum. This event is a great opportunity for families to spend priceless time together and experience the thrills of the Ringling Bros. and Barnum & Bailey® Circus – The Greatest Show on Earth®. Proceeds will benefit the Tampa General Hospital Children's Medical Center.

Call (813) 844-7273 for more information.

AirFest Rehearsal A Special Treat For Rehab Kids



Warren Koss and Brooke Alley visit with Col. Lawrence Martin.

The sun was shining, the air balmy, and the entertainment thrilling – it was altogether a perfect day for five TGH pediatric rehab patients who recently had front row seats to a rehearsal for AirFest 2010 at MacDill Air Force Base (AFB).

“All of the kids enjoyed it, and everyone at MacDill was so welcoming and kind,” said occupational therapist and pediatric rehab coordinator, Kim Branagan, who accompanied the children along with a physical therapist, speech therapist, bus driver and physical therapy student.

The rehab patients were among a select group that also included three children

from the Make-A-Wish Foundation who were invited to MacDill AFB to watch the rehearsal.

The hour-long performance included the acrobatic feats of the Blue Angels squadron. After the program, six Blue Angels team members spent time talking to the children, Kim said.

The visit to MacDill was arranged through the TGH Foundation after base commander Col. Lawrence Martin participated in the Foundation’s White Coat Mini-Internship Program. The White Coat Program brings community leaders into Tampa General to spend a day shadowing hospital physicians.

Martin stated, “The entire MacDill AFB team was honored to welcome these young heroes to AirFest 2010 to get an up-close look at the Blue Angels. We knew the huge Saturday/Sunday AirFest crowds might make it hard on your patients, so we were excited that they could join us for practice on Friday. Each of these children and their families inspired us with their courage, determination and optimism. We’re proud to have Tampa General as our partner taking great care of our service members and their families!”

Pediatric Rehab Services regularly takes patients on outings into the community to provide the kids with relief from the hospital setting and to help them adapt to the outside environment. They go to the mall, the zoo, the Florida Aquarium, a Build-A-Bear Workshop, a park, and other locations.

This outing, however, was extra special, Kim said.



Warren Koss, 8, enjoys talking to a member of the Blue Angels squadron at MacDill Air Force Base after the performance.

A Special Photo Display for a Special Location

Photographer Stacey Woods donated her time, talents and materials to develop a special array of photographs for the corridors of 4A, where our new moms and their babies go after delivering at Tampa General. Almost all of the photographs are of 4A staff members and their children, with a few of Stacey’s clients thrown in to round out the display.



When asked why she volunteered to do this for TGH, Woods stated, “Through my photography project at Tampa General Hospital, I simply wanted to share my unique perspective of these amazing children. Your nurses and physicians care for our little miracles every day, as if they were their own. I’m happy to surround your staff with images of their own families and of their hearts. As a mother of two myself, I have a deep, authentic love for children, and I happen to believe

that their honesty and natural beauty is unsurpassed. For this reason, I prefer to photograph babies and children exactly as they are: confident, shy, giggly, sleepy... I’m very respectful of their space and their preferences, so each session is customized to bring about the most honest photographs possible. When I photograph a family, my



goal is not to simply record what their babies look like at this age, but rather to let them be themselves and photograph their ‘everyday.’ That is what most parents prefer to remember about their children’s lives, isn’t it? Those little in-between moments that seem so small sometimes; when reflecting back, they’re also the same moments that you never want to forget.”

Note: To see more of Stacey Woods’ photography, visit www.staceywoodsphoto.com

A Message from Ron Hytoff



I'm frequently asked to describe what I think the impact of healthcare reform will be on hospitals and TGH specifically. To say that the future is unclear is the ultimate understatement. We are only beginning to understand the impact of the Patient Protection and Affordable Care Act on all aspects of healthcare delivery and it may be years before we fully know its impact on hospitals and the community. However, I believe that there is general consensus about some of the ramifications of the new act, including:

- Hospital reimbursement from governmental programs will continue to be constrained in order to control costs
- Reductions in the numbers of uninsured will create new demand for physician and hospital services

- Even with expansion of access, there will continue to be segments of the population who will continue to be uninsured
- Reimbursement will increasingly be tied to hospital and physician performance

The TGH leadership team recognizes that in order to be prepared for whatever the future brings, we must be good stewards of our resources, including those provided to us by you through your generous donations. As a donor, you can be assured that we will carefully balance the need to reinvest and grow with the realities of a new healthcare environment.

Sincerely,

Ronald A. Hytoff

President & CEO, Tampa General Hospital

Neuroscience ICU Earns Its Second Beacon Award



Tampa General's Neuroscience Intensive Care Unit has received the Spring 2009-2010 Beacon Award for Critical Care Excellence from the American Association of Critical-Care Nurses (AACN).

The Beacon Awards recognize adult critical care, adult progressive care and pediatric critical care units that achieve high quality outcomes. The ICUs must meet a number of national Best Practice

quality indicators to win the award, said Marilyn Herigstad, AACN's senior professional practice-education associate and coordinator of the Beacon Awards.

The Beacon Awards are presented twice a year in the spring and fall.

This is the second time Tampa General's Neuroscience ICU has won the prestigious recognition from the AACN; the unit received its first Beacon Award for Spring 2007-2008. It is also one of three Neuroscience ICUs in the country to receive a second Beacon Award during the 2009-2010 award year, said Marilyn.

"The Beacon Award is a continuous journey, not a final destination," said Donna Gleeson, RN, CCRN, CNRN, and a clinician on the Neuroscience ICU, who coordinated the award application process. "It's a journey and process that challenges us to continue to strive for excellence in our patient care every day," she said.

The Neuroscience ICU, located in the Bayshore Pavilion, was established more than 10 years ago and has been expanded from 12 beds to 32 beds over the years, said Tracey Lund, the unit's nurse manager. It is the largest Neuroscience ICU on Florida's west coast.

About 100 nurses work in the unit treating patients who have a variety of neurological disorders, including brain tumors, traumatic brain injuries, strokes, aneurysms, seizures and other metabolic diseases.

Recently, the unit held its first "Cerebral Celebration" breakfast for former patients to commemorate their recovery and success. About a dozen former patients and family members attended and discussed their care and progress with the audience and staff.

The event allowed families to thank their caregivers, said Tracey. "As nurses in the Neuroscience ICU, we don't always get to see the patients get better throughout their recovery. The event is a celebration of everything the team does to save lives."

Women's Leadership Council Spring Program



FOUNDATION WOMEN'S LEADERSHIP COUNCIL

On May 4th, members of the TGH Women's Leadership Council gathered in the Dickey Lecture Hall at the Tampa Museum of Art. Sheela Chokshi, MD, made a presentation on stress management techniques.

Dr. Chokshi completed her internal medicine training in 1990 and joined a group practice in 1991. In 1998, she started authenticating her integrative medicine approach by attending programs and workshops at Harvard Medical School in Boston. In 2007, she completed a two-year integrative medicine fellowship at the University of Arizona under the guidance of Dr. Andrew Weil. In 2009, she completed training in the Medical Acupuncture for Physicians course from Stanford University in California.

She is currently the physician leader of the Integrative Healthcare Program at TGH. Her background allows her to combine the science of medicine and technology with the philosophy of the mind-body approach to self-care, self-healing and well-being. Over the past five



Following lunch, members of the Women's Leadership Council were taken on a tour of the new museum.

years, her program at Tampa General Hospital has grown significantly – providing integrative healthcare to cardiac and lung transplant patients, trauma, burn and post-surgery patients, patients recovering in the Rehabilitation Center,



Harrison Giddens, Betsy Best, Kathi Sengin and Jennifer Baldwin (left to right) get ready to tour the museum.

as well as pediatric patients. She has given multiple presentations to the community and allied health professionals.

The Women's Leadership Council provides a unique opportunity for women to become involved and learn more about

TGH and network with each other. Members contribute \$1,000 annually and the collective funds are allocated to programs or projects selected by the membership. By pooling their funds together, the women as a group can create a greater impact with their contribution than each would make individually.

The council meets three times a year. The first two meetings include programs based on the results of a membership interest survey and the third meeting is for presentation and selection of funding requests. A list of requests with a brief description and a ballot is mailed to all members unable to attend the presentation so that they also have a voice in the allocation of the funds.

The 2010 Women's Leadership Council programs are underwritten by Florida Bank so that every dollar contributed goes to funding projects. During the next meeting on November 2, 2010, members will vote on the projects to be funded this year.



For membership information, call the Foundation at (813) 844-7250.

TGH Awarded 2010 Gold Plus Performance Achievement Award



American Heart Association | American Stroke Association

Learn and Live.

By Karen Packer Wilson, RN, BSN, CNRN
Stroke Program Coordinator

The American Stroke Association/American Heart Association has again awarded Tampa General Hospital its Get With the Guidelines (GWTG)-Stroke Gold Plus Performance Achievement Award, the highest stroke performance award available.

To receive this honor, Tampa General needed 85 percent or higher compliance in all quality

(continues on page 6)



TGH staff accepts the Stroke Gold Plus award. (From left to right) Heart/Stroke Association President-Elect Ralph Sacco, TGH Stroke Program Coordinator Karen Packer Wilson, TGH/USF Stroke Medical Director Michael Sloan, MD, Stroke Program ARNP Noella West, and Eric Smith, MD, of the University of Calgary.

Supporting the Tampa General Hospital Foundation After Death with Retirement Plan Assets

By: J. Eric "Tate" Taylor, Chairman, Planned Giving Committee and Shareholder, Trenam Kemker Attorneys

In the United States, more and more wealth is now held in tax-qualified retirement plans and IRA accounts. The taxation of these accounts is designed to encourage savings for retirement, but often there are significant amounts remaining in these accounts at the owner's death. These assets may be used to make charitable gifts after death, and there may be important tax benefits of doing so.

Taxation of Post-Death Distributions From Tax-Qualified Retirement Plan Assets and IRA Accounts

Assets distributed after death from tax-qualified retirement arrangements such as 401(k) and 403(b) plans and from traditional IRA accounts may be subject to multiple taxes. First, with certain exceptions, distributions made to the owner's named beneficiaries after death are taxed at ordinary income tax rates. Second, these assets also can be exposed to estate taxes and generation-skipping transfer taxes depending on the value of the owner's "gross estate" (which includes retirement plan assets) and the particular persons receiving distributions from the plan after the owner's death.

Depending on the law in effect from year to year and the persons receiving distributions after death, the effective tax rate imposed on retirement plans and IRA assets after death may exceed 70 percent.

Naming Charities as Beneficiaries of Retirement Plan Assets

For those inclined to make a gift to charity after death, using retirement plan assets to fund the gift is very tax-efficient. A tax-exempt charity such as the TGH Foundation will not pay income taxes when it receives a distribution from a retirement plan or IRA account. Also, designating a charity as the beneficiary of a retirement plan or IRA account causes the charitable gift to be fully deductible for estate and generation-skipping transfer tax purposes. Thus, designating a charity as the beneficiary of a retirement plan or IRA account assets can shield the distribution from the 70 percent effective tax rate mentioned above. In this way, the charity can make full use of every dollar received from the retirement plan or IRA account.

Naming a charity as the beneficiary of a retirement plan or IRA account is as simple as signing a new beneficiary designation form that identifies the name of the charity that is to receive distributions from the account after the death of the participant/owner.

The amounts that are to pass to charity after death may be identified on the form either as a specific dollar amount or a percentage of the account assets (although more planning may be necessary in order for individual beneficiaries of the account to be eligible for maximum deferral of distributions). These forms can be obtained from the plan sponsor or the IRA account custodian, and once the form is completed and signed it should be returned to the plan sponsor or IRA account custodian. Before the form is signed and returned to the plan sponsor or IRA account custodian, however, it is recommended that you consult with an attorney familiar with these forms to ensure that the form is completed and signed appropriately.

In the case of qualified pension, profit-sharing, 401(k) and some 403(b) plans, and if the plan participant is married, then it may be necessary for the spouse of the participant or account owner to consent to the designation of charity as a beneficiary. With an IRA or Roth IRA account established by a Florida resident, a spouse's consent usually is not required in order to designate the charity as a beneficiary of the account.

Roth IRA

Roth IRAs are a newer form of retirement account. Contributions to Roth IRAs are made on an after-tax basis, and when traditional IRAs are converted to Roth IRAs, the owner must pay income taxes on the entire taxable amount that is converted. However, once assets are contributed or converted into a Roth IRA, those assets are no longer subject to income taxes – even when distributions are made to the owner during lifetime or to the owner's designated beneficiaries after death. As with traditional IRAs, Roth IRA assets can be used to fund charitable gifts made after death. The same mechanics for designating a charity as a beneficiary applies with Roth IRAs, and the plan sponsor or Roth IRA custodian can provide you with the appropriate beneficiary designation form.

Need More Information?

If you are interested in naming the TGH Foundation as a beneficiary of your tax-qualified retirement plan or your IRA account, please contact a member of the Foundation's staff at (813) 844-7560. They would be happy to talk with you on a confidential basis about how the Foundation can be made a part of your overall estate plan, and they can thank you in person for your thoughtful support of the Foundation!

(continued from page 5)

performance measures. However, TGH's stroke service performed even better by maintaining an outstanding 100 percent compliance in all performance measures including aggressive treatment of medications such as rt-PA, antithrombotics, anticoagulation therapy, DVT prophylaxis, assessment of rehabilitation, smoking cessation, dysphagia screening and stroke education.

TGH continues to be at the forefront of providing the highest standards available for stroke patients.

The award was presented in February at the International Stroke Conference in San Antonio, TX. TGH/USF Stroke Program Medical Director Dr. Michael Sloan, Noella West, ARNP, and Stroke Program Coordinator Karen Packer Wilson, RN,BSN,

CNRN, accepted the award on behalf of Tampa General Hospital at the Get With the Guidelines Award ceremony.

Let's extend our congratulations to the entire stroke program for their fantastic teamwork. Your tireless efforts and dedication to excellence makes us all proud.

(continued from front cover)

13th Annual Moments in Time Gala

This year's gala, under the guidance of chairwomen Barbara Hurst and Holly Tomlin, raised over \$220,000 in net proceeds for Tampa General Hospital's Fund for the Future. This fund helps TGH achieve its vision of being the leading medical center in West Central Florida. Contributions ensure that our dedicated physicians and patient care staff have all the necessary tools to provide excellent medical care and to advance teaching, research and service in our community.



Fred Hames (far right), Senior Vice President, Skanska, and his team standing in front of the Serengeti Outpost that they built especially for the Gala.



Debbie and Mark Nouss, Mary Jane Campbell, John and Susan Touchton, Eric and Gina Bailey. (left to right)



Kim Dingle, Scott Hurst, Phil Dingle and Barbara Hurst. (left to right)



Lee Touchton, Holly Tomlin and Tom Touchton. (left to right)



Scott and Beth Wiggins.



Carin Zwiebel, Jeffrie vanLoveren and Tracy Padhya. (left to right)



Peter Orebaugh, Lauren Berner, John and Sarah Orebaugh. (left to right)



Blake Casper and Marty Miller.

Special Thanks to all of our 2010 Annual Moments in Time Gala Sponsors:

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Learn more about TGH, the Foundation's events, support the Foundation as a cause and more by joining the Tampa General Hospital Foundation community on Facebook. The June White Coat Intern Experience is coming soon to Facebook, and you don't want to miss it. Interviews with interns and physicians, photos, an online discussion forum and more bring the White Coat Intern Experience to Facebook.



FoundationFocus is the quarterly newsletter published by the Tampa General Hospital Foundation, One Tampa General Circle, Room H-149, Tampa, FL 33606. Additional copies may be obtained by calling (813) 844-7250. The Foundation's mission is to support and promote the programs and services of Tampa General Hospital. Tampa General Hospital's mission is to provide the residents of West Central Florida with excellent and compassionate health care, ranging from the simplest to the most complex medical services. As a teaching facility, Tampa General partners with academic and community institutions to support both their teaching and research missions. As the region's leading safety net hospital, we reaffirm our commitment to providing high quality health services to all residents.

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