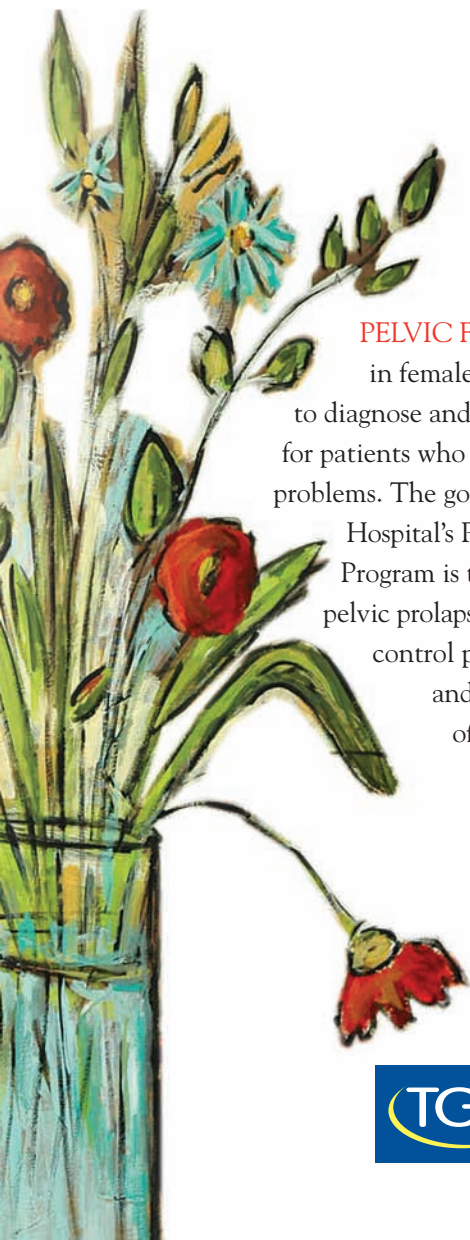


# Pelvic Floor DISORDERS PROGRAM



## PELVIC FLOOR PROBLEMS

in females can be challenging to diagnose and treat and frustrating for patients who are living with these problems. The goal of Tampa General Hospital's Pelvic Floor Disorders Program is to diagnose and treat pelvic prolapse, bladder and bowel control problems, pelvic pain and improve the quality of life for our patients.

## Patients referred to the Pelvic Floor Disorders Program, colorectal surgeon, urologist, urogynecologist, pelvic pain

Our team of specialists offers consultation and management of your patients suffering from simple or complex pelvic floor problems, including:

- \* Urinary and stool incontinence
- \* Rectal prolapse, hemorrhoids, peri-rectal fistula
- \* Rectal bleeding, rectal and anal tumors
- \* Refractory overactive bladder and nocturia
- \* Bladder pain/interstitial cystitis



Tampa General Hospital's Pelvic Floor Disorders Program offers a full range of diagnostic testing, nonsurgical and surgical therapies, as follows:

- \* Evaluation by a physician who will obtain a detailed history and perform an internal and external pelvic floor muscle exam
- \* Full multichannel urodynamic testing with EMG and cystoscopy when indicated
- \* Anal manometry, defecography, pudendal nerve testing and MR imaging of pelvic floor
- \* Education/behavioral instructions
- \* Medical, behavioral and physical therapies to treat certain bladder control and myofascial pain problems
- \* Biofeedback
- \* Internal and external pelvic floor manual therapy
- \* Comprehensive psychological evaluation and treatment of the patient and partner when appropriate. Certified sex therapist and pain management specialists assist with psychological issues associated with pelvic disorders.

may be seen by the following specialists:  
specialist, psychologist, physical therapist.

- \* Pelvic organ prolapse
- \* Chronic pelvic pain and dyspareunia
- \* Fistulas
- \* Bladder urgency/frequency and bowel control problems
- \* Hematuria and recurrent UTI
- \* Complications related to pelvic reconstructive surgery
- \* Failed surgical procedures



- \* Cognitive behavioral treatment of pelvic pain, treatment of mood disorders related to chronic pain and home exercise programs
- \* Couples therapy
- \* Sacral neuromodulation (InterStim®) for treating severe bladder and bowel control problems
- \* Botox and pelvic floor physical therapy for treating severe pelvic floor pain syndromes
- \* Intravesical therapy for treatment of interstitial cystitis/painful bladder
- \* Vaginal approaches for treatment of urinary and fecal incontinence, prolapse, urethral diverticulum, obstetric lacerations and fistulas
- \* Electrotherapeutic modalities
- \* Traditional open and laparoscopic procedures for the treatment of new and recurrent prolapse, urinary incontinence, fistulas and defecatory dysfunction
- \* Minimally invasive surgery utilizing the da Vinci® Robotic Surgery System
- \* Endo-anal and endorectal ultrasound

We are here to help referring providers diagnose and manage complex pelvic floor problems. We can provide consultation and management of your patients and provide full documentation of our findings, treatments and follow-up care plans. If an opinion or testing is all you desire, we will return your patients to you with full documentation of test results along with treatment recommendations.



Patients referred to us will be seen within two weeks of calling for an appointment.

**For appointments call: (813) 844-1385**

